



## IV 10K DE TEIS

### Clasificación General 5K

| Cl               | Dor. | Apellidos y nombre             | Club                           | Tiempo    | Diferencia |
|------------------|------|--------------------------------|--------------------------------|-----------|------------|
| <b>MASCULINA</b> |      |                                |                                |           |            |
| 1                | 549  | GARCIA QUEROL Pablo            | CLUB DEPORTIVO DELIKIA         | 21:25.370 |            |
| 2                | 551  | MURIAS RODRIGUEZ Alejandro     | LASER GALICIA RANING           | 21:48.509 | 23.139     |
| 3                | 574  | RODRIGUEZ GALLEGO Alberto Jose | CASTRELOS 20:30                | 22:24.801 | 59.431     |
| 4                | 602  | OTERO AMOEDO Anxo              | BORGWARNER                     | 22:24.802 | 59.432     |
| 5                | 586  | COSTAS COSTAS Miguel           | MAISQUEAUGA                    | 22:50.278 | 1:24.908   |
| 6                | 563  | GONZALEZ CASTRO Sindo          | SDCOMPOSTELA ATLETISMO         | 22:54.841 | 1:29.471   |
| 7                | 559  | PALHARES António               |                                | 23:12.644 | 1:47.274   |
| 8                | 577  | BARREIRO RUIBAL Matias         | CD PINARIUM                    | 23:22.144 | 1:56.774   |
| 9                | 527  | IGLESIAS OTERO Juan            | ATLETISMO VILA DE CANGAS       | 23:25.688 | 2:00.318   |
| 10               | 538  | RIAL LEMOS Raúl                | VILA DE CANGAS                 | 23:27.221 | 2:01.851   |
| 11               | 554  | GARCIA DE LA IGLESIA Alberto   | C.A. VETERANOS DE SAMIL        | 23:56.907 | 2:31.537   |
| 12               | 506  | ALONSO Alberto                 |                                | 24:12.500 | 2:47.130   |
| 13               | 556  | BEMPOSTA VARELA David          | CLUB SALVAMENTO ACUÁTICO PONTE | 24:12.937 | 2:47.567   |
| 14               | 557  | GARCIA PAZO Eduardo            | BIKILA                         | 25:30.227 | 4:04.857   |
| 15               | 508  | URBANO MARTINEZ Jorge          | CLUBE ATLETISMO BURELA         | 25:39.822 | 4:14.452   |
| 16               | 591  | GARRIDO LORENZO Felipe         |                                | 25:45.221 | 4:19.851   |
| 17               | 513  | MARTINEZ VENTIN Xavier Leiro   | C.A. VETERANOS DE SAMIL        | 25:48.086 | 4:22.716   |
| 18               | 509  | RIVERA GUILLADE Martín         |                                | 25:58.446 | 4:33.076   |
| 19               | 564  | GONZALEZ PEREZ Enrique         | MAISQUEAUGA                    | 26:47.086 | 5:21.716   |
| 20               | 528  | FERNANDEZ CERZON Daniel        | C.A. VETERANOS DE SAMIL        | 26:52.937 | 5:27.567   |
| 21               | 580  | ESQUILAS CASTRO Carlos         | CLUB ATLETISMO NOIA            | 27:18.545 | 5:53.175   |
| 22               | 524  | VILLAR ALVAREZ Enrique         |                                | 27:47.944 | 6:22.574   |
| 23               | 598  | AMOEDO AGULLA Carlos           |                                | 28:26.478 | 7:01.108   |
| 24               | 600  | RODRIGUEZ ALONSO Sedu          |                                | 28:42.644 | 7:17.274   |
| 25               | 539  | REY GONZALEZ J.roberto         | C.A. VETERANOS DE SAMIL        | 28:56.559 | 7:31.189   |
| 26               | 609  | GONZALEZ RODRIGUEZ José        | CLUB CICLISTA TEIS             | 28:57.436 | 7:32.066   |
| 27               | 540  | ACUÑA LOPEZ Iago               |                                | 29:38.642 | 8:13.272   |
| 28               | 534  | ZUNZUNEGUI GARRIDO Noé         |                                | 30:25.181 | 8:59.811   |
| 29               | 526  | IGLESIAS CASTRO Ramsés         | TRIATLÓN MAR DE VIGO           | 30:33.694 | 9:08.324   |
| 30               | 604  | ESTEVEZ ABALDE Juan Antonio    |                                | 30:50.811 | 9:25.441   |
| 31               | 590  | MIGUEZ SAN ISIDRO Benigno      | KELTIC VIGO                    | 31:10.572 | 9:45.202   |
| 32               | 553  | PADIN COUSIDO José Luis        | CACAMBADOS-NOVAL               | 31:23.040 | 9:57.670   |
| 33               | 566  | MARTINEZ Benjamín              |                                | 31:23.969 | 9:58.599   |
| 34               | 608  | BARROS RODRIGUEZ Pedro         |                                | 31:36.519 | 10:11.149  |
| 35               | 550  | MARTINEZ GOMEZ Pakinho         | GALLAECIA JASTANDOSAPATILLA    | 31:52.969 | 10:27.599  |
| 36               | 521  | SEOANE GIL Adrian              |                                | 32:27.679 | 11:02.309  |
| 37               | 593  | CALERO Marci                   | CLUD ATLETISMO EL BONILLO      | 32:53.119 | 11:27.749  |
| 38               | 535  | VILLAR SALGADO Jose Francisco  |                                | 33:09.049 | 11:43.679  |
| 39               | 501  | GONZALEZ GARCIA Luis           |                                | 33:14.347 | 11:48.977  |
| 40               | 588  | ALONSO OTERO Diego             | COMESAÑA SPORTING CLUB         | 33:23.910 | 11:58.540  |
| 41               | 515  | LOPEZ RAMOS Luis               | RUNTRI                         | 34:45.367 | 13:19.997  |
| 42               | 603  | BARROS LORENZO Jose Manuel     |                                | 35:19.231 | 13:53.861  |
| 43               | 542  | VILLAR CRESPO Eduardo          |                                | 36:44.554 | 15:19.184  |
| 44               | 510  | ARGUDIN DIEGUEZ Luis Carlos    |                                | 37:15.485 | 15:50.115  |
| 45               | 562  | FERNANDEZ CAMACHO Alberto      |                                | 38:15.766 | 16:50.396  |



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| 46 | 511  | VILLAR ENES Ruben                 | SOCIEDAD ATLÉTICA VAL MIÑOR | 38:34.833 | 17:09.463  |
| 47 | 606  | RODRIGUEZ JORGE Daniel            |                             | 39:37.644 | 18:12.274  |
| 48 | 507  | GONZALEZ GONZALEZ Gonzalo         |                             | 41:14.612 | 19:49.242  |
| 49 | 571  | MARTINEZ RODRIGUEZ Hugo           |                             | 42:25.714 | 21:00.344  |
| 50 | 532  | CONS GONZALEZ Enrique             |                             | 42:45.587 | 21:20.217  |
| 51 | 599  | FERNANDEZ IGLESIAS Virgilio Ramon | BIKILA                      | 43:03.772 | 21:38.402  |
| 52 | 503  | GANDARA BOUZA Alejandro           | CASTRELOS 20:30             | 43:31.603 | 22:06.233  |

## FEMENINA

|    |     |                                  |                             |           |           |
|----|-----|----------------------------------|-----------------------------|-----------|-----------|
| 1  | 529 | ESTEVEZ CRESPO Cris              | ATLETISMO FEMENINO CELTA    | 25:59.302 |           |
| 2  | 548 | IGLESIAS GOMEZ Sara              | OTRO                        | 27:06.376 | 1:07.074  |
| 3  | 520 | ABELEIRA CARBALLO Irene          |                             | 29:04.078 | 3:04.776  |
| 4  | 555 | SORDO GARCIA Maria Teresa        | TANINOS RUNNERS             | 29:46.875 | 3:47.573  |
| 5  | 607 | BRUZON BANDEIRA Maria            |                             | 31:20.415 | 5:21.113  |
| 6  | 552 | CANABAL VILLAVERDE Isabel        | BORGWARNER                  | 31:41.014 | 5:41.712  |
| 7  | 519 | CARBALLAS CAMPO María            |                             | 33:47.170 | 7:47.868  |
| 8  | 584 | VIÑAS ROMERO Silvia              | BIKILA                      | 34:27.811 | 8:28.509  |
| 9  | 517 | LAGO BASTOS Lucía                |                             | 34:33.697 | 8:34.395  |
| 10 | 547 | ROBLEDO GUTIERREZ-CABELLO Amara  |                             | 34:37.556 | 8:38.254  |
| 11 | 589 | CARNERO LLAUGER María            | BIKILA                      | 34:57.271 | 8:57.969  |
| 12 | 573 | PRIETO MORAIS Pili               |                             | 35:02.837 | 9:03.535  |
| 13 | 585 | CASTROSEIROS GONZALEZ Natalia    | MAISQUEAUGA                 | 36:06.256 | 10:06.954 |
| 14 | 583 | CALVO SENDIN Sonia Maria         |                             | 36:10.810 | 10:11.508 |
| 15 | 546 | FERNANDEZ VARELA María Estefanía |                             | 36:40.369 | 10:41.067 |
| 16 | 618 | SOUTO LEYENDA Silvia             |                             | 36:55.189 | 10:55.887 |
| 17 | 567 | GOMEZ PEREZ GOROSTIAGA Beatriz   |                             | 37:02.471 | 11:03.169 |
| 18 | 570 | GONZALEZ DIAZ Yolanda            | TRIATLÓN MAR DE VIGO        | 37:17.745 | 11:18.443 |
| 19 | 581 | FERNANDEZ QUINTEROS Mariela      |                             | 38:05.814 | 12:06.512 |
| 20 | 504 | BAC Joanna                       |                             | 38:05.891 | 12:06.589 |
| 21 | 523 | DA VEIGA ALVAREZ Marta           |                             | 39:05.672 | 13:06.370 |
| 22 | 569 | ARRIBAS DAVILA Lucia             |                             | 39:16.810 | 13:17.508 |
| 23 | 561 | SANTANA CABRAL Pili              | MAISQUEAUGA                 | 39:18.307 | 13:19.005 |
| 24 | 533 | SOUTO PEREIRA Lucia              | C.A. VETERANOS DE SAMIL     | 39:42.514 | 13:43.212 |
| 25 | 576 | RODRIGUEZ ALVAREZ Marta          | BIKILA                      | 39:47.254 | 13:47.952 |
| 26 | 543 | OTERO ALONSO Carmen              |                             | 39:50.765 | 13:51.463 |
| 27 | 560 | CARRERA VAZQUEZ Susana           |                             | 40:09.073 | 14:09.771 |
| 28 | 512 | COSTA GARRIDO Alejandra          | SOCIEDAD ATLÉTICA VAL MIÑOR | 40:16.826 | 14:17.524 |
| 29 | 568 | RODRIGUEZ POLO Lara              | CLUB DEPORTIVO DELIKIA      | 40:55.061 | 14:55.759 |
| 30 | 514 | NUÑEZ MARTINEZ Ayla              |                             | 41:18.929 | 15:19.627 |
| 31 | 578 | PEREZ LORENZO Noa                |                             | 41:25.932 | 15:26.630 |
| 32 | 575 | GONZALEZ FERNANDEZ Ana           |                             | 41:26.129 | 15:26.827 |
| 33 | 572 | NOVOA PEREZ Minerva              |                             | 41:26.251 | 15:26.949 |
| 34 | 597 | EGUILIOR ALVAREZ Rocío           |                             | 41:28.194 | 15:28.892 |
| 35 | 596 | VIDAURRETA JOLIN Paula           |                             | 41:30.313 | 15:31.011 |
| 36 | 536 | ROCHA CRUCES Maria Carmen        |                             | 41:37.193 | 15:37.891 |



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| 37 | 582  | MARTINEZ MELENDEZ Alba |      | 42:12.685 | 16:13.383  |
| 38 | 544  | APARICIO ANEAS Laura   |      | 43:05.073 | 17:05.771  |
| 39 | 541  | COUSILLAS LEMA Teresa  |      | 43:54.891 | 17:55.589  |
| 40 | 595  | ANDRES RUBINOS Carmen  |      | 44:18.426 | 18:19.124  |
| 41 | 601  | GOMEZ COSTAS Rebeca    |      | 58:14.718 | 32:15.416  |

cronometraje