



## SUBIDA AO CASTRO

| Pos | Nombre     | Apellidos           | Tiempo   | Categoría | Categ Pos |
|-----|------------|---------------------|----------|-----------|-----------|
| 68  | Andrea     | Iglesias Carballido | 00:15:11 | F-1       | 4         |
| 98  | Rocio      | Rodriguez Oliveira  | 00:16:03 | F-1       | 6         |
| 172 | Karen      | Castro Dominguez    | 00:17:36 | F-1       | 13        |
| 150 | Irene      | Taboas Carrera      | 00:17:09 | F-1       | 10        |
| 107 | Cristina   | Torres Herves       | 00:16:18 | F-1       | 8         |
| 279 | Ana        | Carsi Gonzalez      | 00:20:18 | F-1       | 24        |
| 42  | Maria      | Ferreiro Perez      | 00:14:28 | F-1       | 1         |
| 75  | Silvia     | Casal               | 00:15:30 | F-1       | 5         |
| 46  | Esther     | Valiño              | 00:14:38 | F-1       | 2         |
| 56  | Andrea     | Garcia Soage        | 00:14:54 | F-1       | 3         |
| 110 | Maria      | Vilariño Treinta    | 00:16:19 | F-1       | 9         |
| 156 | Alina      | Tokarenko           | 00:17:21 | F-1       | 11        |
| 198 | Sandra     | Rodriguez           | 00:18:01 | F-1       | 14        |
| 215 | Rebeca     | Osuna Leiros        | 00:18:32 | F-1       | 15        |
| 225 | Sara       | Dominguez Herrera   | 00:18:49 | F-1       | 16        |
| 226 | Natalia    | Baston Otero        | 00:18:51 | F-1       | 17        |
| 230 | Carla      | Da Costa Alvare     | 00:18:55 | F-1       | 18        |
| 238 | Laura      | Rodriguez Fernandez | 00:19:11 | F-1       | 19        |
| 246 | Alicia     | Sanchez Cordero     | 00:19:28 | F-1       | 20        |
| 247 | Alba       | Gonzalez Federico   | 00:19:30 | F-1       | 21        |
| 264 | Raquel     | Casas Santome       | 00:19:56 | F-1       | 22        |
| 263 | Alba       | Pombar Graña        | 00:19:56 | F-1       | 23        |
| 284 | Karine     | David Vivas         | 00:20:27 | F-1       | 25        |
| 299 | Yolanda    | Caballero Rus       | 00:21:01 | F-1       | 26        |
| 301 | Luz        | Perez Rodriguez     | 00:21:03 | F-1       | 27        |
| 322 | Natalia    | Rey                 | 00:21:26 | F-1       | 28        |
| 329 | Miriam     | Prieto Lage         | 00:21:34 | F-1       | 29        |
| 341 | Mara       | Alonso Villamarin   | 00:22:09 | F-1       | 30        |
| 346 | Isabel     | Lopez Fernandez     | 00:22:28 | F-1       | 31        |
| 349 | Nerea      | Rodriguez           | 00:22:39 | F-1       | 32        |
| 350 | Candela    | Álvarez Andonegui   | 00:22:40 | F-1       | 33        |
| 361 | Erica      | Fernandez Pascual   | 00:23:19 | F-1       | 34        |
| 391 | Fatima     | Alonso Pereira      | 00:26:56 | F-1       | 35        |
| 106 | Noemi      | Gomez Martin        | 00:16:16 | F-1       | 7         |
| 164 | Lorena     | Collazo Fernandez   | 00:17:30 | F-1       | 12        |
| 255 | Noelia     | Rivera              | 00:19:41 | F-2       | 13        |
| 128 | Ana Rosa   | Alonso Garcia       | 00:16:41 | F-2       | 3         |
| 259 | Paula      | Fernandez Alonso    | 00:19:47 | F-2       | 14        |
| 272 | Iria       | Lagaron Jimenez     | 00:20:11 | F-2       | 17        |
| 343 | Julia      | Castro Colorado     | 00:22:12 | F-2       | 27        |
| 160 | Lucia      | Martinez Comesaña   | 00:17:28 | F-2       | 5         |
| 177 | Monica     | Estevez             | 00:17:43 | F-2       | 7         |
| 268 | Raquel     | Zapata Rodriguez    | 00:20:04 | F-2       | 16        |
| 240 | Vanessa    | Carrera Lago        | 00:19:16 | F-2       | 9         |
| 303 | Montserrat | Barros Alfaya       | 00:21:04 | F-2       | 22        |
| 96  | Nazareth   | Tilve Costas        | 00:15:59 | F-2       | 1         |



## SUBIDA AO CASTRO

|     |              |                       |          |     |    |
|-----|--------------|-----------------------|----------|-----|----|
| 267 | Xoana        | Regueiro Fernandez    | 00:20:03 | F-2 | 15 |
| 388 | Silvia       | Rey Sarmiento         | 00:25:59 | F-2 | 38 |
| 149 | Elena        | Perez Gonzalez        | 00:17:08 | F-2 | 4  |
| 174 | Pily         | Vazquez Dopazo        | 00:17:41 | F-2 | 6  |
| 232 | Cristina     | Aguera Gonzalez       | 00:18:56 | F-2 | 8  |
| 248 | Monica       | Romero Martinez       | 00:19:30 | F-2 | 10 |
| 249 | Vanessa      | Mendez Garrido        | 00:19:31 | F-2 | 11 |
| 251 | Paula        | Calvo Vazquez         | 00:19:36 | F-2 | 12 |
| 285 | Arancha      | Perez De Lis Gomez    | 00:20:30 | F-2 | 19 |
| 333 | Ana Mary     | Rodriguez             | 00:21:51 | F-2 | 23 |
| 337 | Maria        | Pereira Dios          | 00:21:59 | F-2 | 24 |
| 342 | Maria Teresa | Lopez Goce            | 00:22:10 | F-2 | 26 |
| 345 | Raquel       | Fernandez Mosquera    | 00:22:24 | F-2 | 28 |
| 353 | Mariel       | Pizzuto               | 00:22:42 | F-2 | 29 |
| 360 | Lourdes      | Villaronga Arteaga    | 00:23:09 | F-2 | 30 |
| 372 | Natalia      | Paz Oliveira          | 00:24:09 | F-2 | 32 |
| 373 | Sonia Maria  | Calvo Sendin          | 00:24:09 | F-2 | 33 |
| 376 | Antia        | Perez-feijoo Silveira | 00:24:25 | F-2 | 34 |
| 380 | Yoli         | Gil Janeiro           | 00:24:32 | F-2 | 35 |
| 383 | Nuria        | Perez Anton           | 00:24:38 | F-2 | 36 |
| 384 | Nieves       | Vazquez Novoa         | 00:24:58 | F-2 | 37 |
| 287 | Dolly Darlen | Garcia Torrico        | 00:20:33 | F-2 | 20 |
| 297 | Monica       | Vazquez Mayo          | 00:20:58 | F-2 | 21 |
| 366 | Vanessa      | Lemos Lopez           | 00:23:52 | F-2 | 31 |
| 340 | Bibiana      | Rodriguez Santos      | 00:22:01 | F-2 | 25 |
| 104 | Marta        | Calvo Serrano         | 00:16:12 | F-2 | 2  |
| 277 | Uxia         | Conde Noguerol        | 00:20:13 | F-2 | 18 |
| 295 | Elena        | Figueroa              | 00:20:49 | F-3 | 2  |
| 222 | Maria Belen  | Lemat Cabral          | 00:18:44 | F-3 | 1  |
| 317 | Beatriz      | Fonseca Garcia        | 00:21:22 | F-3 | 3  |
| 323 | Pili         | Prieto Morais         | 00:21:28 | F-3 | 4  |
| 362 | Mª Socorro   | Fonseca Garcia        | 00:23:21 | F-3 | 6  |
| 375 | Ana          | Rodriguez             | 00:24:21 | F-3 | 8  |
| 368 | Regina       | Gonzalez Mera         | 00:23:53 | F-3 | 7  |
| 348 | Josefa       | Carrera Soutelo       | 00:22:38 | F-3 | 5  |
| 386 | Carmen       | Costas Rodriguez      | 00:25:18 | F-5 | 1  |
| 18  | Jose Alberto | Bastos Dasilva        | 00:13:15 | M-1 | 12 |
| 10  | Alberto      | Fernandez Encina      | 00:12:51 | M-1 | 6  |
| 14  | Dario        | Comesaña Chavert      | 00:13:11 | M-1 | 9  |
| 203 | Nuno         | Martins               | 00:18:09 | M-1 | 75 |
| 5   | Ismael       | Taboas Carrera        | 00:12:24 | M-1 | 3  |
| 13  | Adrian       | Corbacho Rodriguez    | 00:13:09 | M-1 | 8  |
| 20  | Diego        | Guerra Herbello       | 00:13:19 | M-1 | 13 |
| 26  | Cristian     | Valencia Rodriguez    | 00:13:38 | M-1 | 16 |
| 28  | Fernando     | Pombo Ferreira        | 00:13:47 | M-1 | 18 |
| 78  | Daniel       | Alonso Sayar          | 00:15:31 | M-1 | 42 |
| 6   | Denis        | Incutti Tellado       | 00:12:32 | M-1 | 4  |



## SUBIDA AO CASTRO

|     |               |                         |          |     |    |
|-----|---------------|-------------------------|----------|-----|----|
| 204 | Dani          | Rhodes Mendonça Dos Ran | 00:18:14 | M-1 | 76 |
| 43  | Jose Manuel   | Morais De La Iglesia    | 00:14:30 | M-1 | 26 |
| 1   | Anton         | Gomez Gonzalez          | 00:11:50 | M-1 | 1  |
| 12  | Celso         | Comesaña Pereira        | 00:13:06 | M-1 | 7  |
| 22  | Roberto       | Martinez Castro         | 00:13:23 | M-1 | 14 |
| 93  | Hugo          | Lopez Fernandez         | 00:15:57 | M-1 | 44 |
| 15  | Adrian        | Sousa Dominguez         | 00:13:12 | M-1 | 11 |
| 40  | Miguel        | Rodriguez Ferreiro      | 00:14:18 | M-1 | 24 |
| 271 | Francisco     | Izquierdo Martinez      | 00:20:11 | M-1 | 92 |
| 7   | Emilio        | Tizon Valverde          | 00:12:35 | M-1 | 5  |
| 16  | Jesus         | Costas Conde            | 00:13:12 | M-1 | 10 |
| 27  | Manuel        | Abreu Amor              | 00:13:40 | M-1 | 17 |
| 33  | Angel Daniel  | Jalda Seoane            | 00:13:56 | M-1 | 19 |
| 35  | Ismael        | Teijz Veiga             | 00:14:11 | M-1 | 20 |
| 37  | Andre         | Alonso Gonzalez         | 00:14:12 | M-1 | 21 |
| 38  | Guillermo     | Feijoo Redondo          | 00:14:15 | M-1 | 22 |
| 39  | Javier        | Rodriguez Perez         | 00:14:16 | M-1 | 23 |
| 41  | Adrian        | Haro Lorenzo            | 00:14:24 | M-1 | 25 |
| 47  | Adrian        | Aira                    | 00:14:38 | M-1 | 29 |
| 54  | Alberto Jose  | Rodriguez Gallego       | 00:14:50 | M-1 | 30 |
| 53  | Alejandro     | Murias Rodriguez        | 00:14:50 | M-1 | 31 |
| 63  | Anton         | Cerdeira Rodriguez      | 00:15:03 | M-1 | 33 |
| 64  | Aram          | Cruz Dominguez          | 00:15:05 | M-1 | 34 |
| 67  | Kais          | Altinsoy Perez          | 00:15:10 | M-1 | 36 |
| 72  | Borja         | Brao Copero             | 00:15:24 | M-1 | 38 |
| 73  | Ivan          | Lamazares Barreiro      | 00:15:27 | M-1 | 39 |
| 74  | David         | Iglesias Otero          | 00:15:29 | M-1 | 40 |
| 76  | David         | Lorenzo Pereira         | 00:15:30 | M-1 | 41 |
| 85  | Alexander     | Lizarralde Fernandez    | 00:15:39 | M-1 | 43 |
| 95  | Fernando      | Piñeiro Leston          | 00:15:59 | M-1 | 45 |
| 102 | Daniel        | Arenas Lago             | 00:16:10 | M-1 | 47 |
| 109 | Jorge         | Perez Pazos             | 00:16:19 | M-1 | 48 |
| 118 | David         | Gonzalez Rodriguez      | 00:16:32 | M-1 | 49 |
| 123 | Samuel        | Seara                   | 00:16:37 | M-1 | 50 |
| 126 | Iñigo         | Fernandez Fombellida    | 00:16:39 | M-1 | 52 |
| 132 | Samuel        | Calderon                | 00:16:47 | M-1 | 53 |
| 139 | Asier         | Serra Comesaña          | 00:16:57 | M-1 | 56 |
| 145 | Gabriel       | Sequeiros               | 00:17:05 | M-1 | 58 |
| 151 | Daniel        | Pereira Fernandez       | 00:17:10 | M-1 | 61 |
| 158 | Jose Eduardo  | Rodriguez Alonso        | 00:17:24 | M-1 | 63 |
| 159 | Carlos Andres | Ramirez Rodriguez       | 00:17:26 | M-1 | 64 |
| 175 | Agustin       | Zubizarreta Scotti      | 00:17:42 | M-1 | 66 |
| 176 | Fran          | Gonzalez-alegre Reigosa | 00:17:42 | M-1 | 67 |
| 181 | Albertito     | Gallego                 | 00:17:45 | M-1 | 68 |
| 184 | Daniel        | Garcia Besada           | 00:17:50 | M-1 | 70 |
| 187 | Alberto       | Gonzalez Gandon         | 00:17:51 | M-1 | 71 |
| 188 | Adrian        | Molares Sequeiros       | 00:17:51 | M-1 | 72 |



## SUBIDA AO CASTRO

|     |                |                    |          |     |     |
|-----|----------------|--------------------|----------|-----|-----|
| 199 | Enrique        | Rodriguez Santos   | 00:18:05 | M-1 | 73  |
| 202 | Anton          | Verissimo          | 00:18:09 | M-1 | 74  |
| 207 | Adrian         | Masso              | 00:18:17 | M-1 | 77  |
| 208 | Juan           | Lombardero         | 00:18:20 | M-1 | 78  |
| 209 | Diego          | Mosquera Otero     | 00:18:20 | M-1 | 79  |
| 210 | Jose Alberto   | Lorenzo Alvarez    | 00:18:22 | M-1 | 80  |
| 216 | Xurxo          | Rigueira Diaz      | 00:18:32 | M-1 | 81  |
| 218 | Jose Manuel    | Lorenzo Friero     | 00:18:36 | M-1 | 82  |
| 220 | Carlos         | Pereira Vazquez    | 00:18:40 | M-1 | 83  |
| 233 | Hugo           | Feijoo Garcia      | 00:18:57 | M-1 | 84  |
| 234 | Alejandro      | Uria Sanjurjo      | 00:18:58 | M-1 | 85  |
| 239 | Ruben          | Lorenzo Estevez    | 00:19:12 | M-1 | 86  |
| 242 | Pablo          | Fernandez Cagigas  | 00:19:18 | M-1 | 87  |
| 252 | Benjamin       | Martinez           | 00:19:37 | M-1 | 88  |
| 256 | Antonio Jose   | Vide Linares       | 00:19:43 | M-1 | 89  |
| 261 | Juan Jose      | Goberna Figueira   | 00:19:53 | M-1 | 90  |
| 270 | John           | Duran Toconas      | 00:20:06 | M-1 | 91  |
| 288 | Iago           | Garcia Freire      | 00:20:36 | M-1 | 93  |
| 296 | Oscar          | Matesanz           | 00:20:56 | M-1 | 94  |
| 306 | Hugo           | Barreiro           | 00:21:07 | M-1 | 95  |
| 324 | Carlos Benito  | Pereira Rodriguez  | 00:21:30 | M-1 | 96  |
| 325 | Jose Angel     | Gonzalez Luis      | 00:21:32 | M-1 | 97  |
| 331 | Martin         | Barreiro Gomez     | 00:21:50 | M-1 | 98  |
| 339 | Santi          | Alonso Alvarez     | 00:22:00 | M-1 | 99  |
| 364 | Ramon Emigdio  | Gonzalez Ramirez   | 00:23:42 | M-1 | 100 |
| 394 | Anxo           | Sanchez Sanchez    | 00:28:46 | M-1 | 101 |
| 395 | Gustavo        | Tubio Barreiro     | 00:29:39 | M-1 | 102 |
| 397 | Sergio         | Lamas Matilde      | 00:30:42 | M-1 | 103 |
| 398 | Miguel         | Iago Barciela      | 00:30:42 | M-1 | 104 |
| 399 | Ruben          | Dehesa Suances     | 00:30:46 | M-1 | 105 |
| 400 | Felix          | Pereiro Collazo    | 00:30:54 | M-1 | 106 |
| 401 | Nabor          | Vazquez Costas     | 00:31:00 | M-1 | 107 |
| 402 | Mauro          | Gonzalez Fontan    | 00:31:05 | M-1 | 108 |
| 403 | Alberto        | Carballo Camiño    | 00:31:29 | M-1 | 109 |
| 405 | David          | Ferro Lea          | 00:32:37 | M-1 | 110 |
| 406 | Jorge          | Lopez Rosello      | 00:32:42 | M-1 | 111 |
| 408 | Adrian         | Couso Molanes      | 00:33:01 | M-1 | 112 |
| 407 | Brais          | Comesaña Martinez  | 00:33:01 | M-1 | 113 |
| 124 | David          | Fernandez Nuñez    | 00:16:38 | M-1 | 51  |
| 69  | Daniel         | Dominguez Gonzalez | 00:15:14 | M-1 | 37  |
| 180 | Daniel         | Richarte Carballo  | 00:17:45 | M-1 | 69  |
| 138 | Julian         | Martin Barbero     | 00:16:56 | M-1 | 55  |
| 140 | Manuel         | Landeira           | 00:16:58 | M-1 | 57  |
| 2   | Carlos Enrique | Gutierrez Gonzalez | 00:12:01 | M-1 | 2   |
| 23  | Sergi          | Vaño Peidro        | 00:13:31 | M-1 | 15  |
| 135 | Daniel         | Fernandez Cerzon   | 00:16:50 | M-1 | 54  |
| 147 | Federico       | Anguita            | 00:17:07 | M-1 | 59  |



## SUBIDA AO CASTRO

|     |              |                     |          |     |    |
|-----|--------------|---------------------|----------|-----|----|
| 44  | Oscar        | Martinez Seguin     | 00:14:30 | M-1 | 27 |
| 45  | Borja        | Torne Bobo          | 00:14:32 | M-1 | 28 |
| 65  | Pablo        | Dominguez Vila      | 00:15:06 | M-1 | 35 |
| 148 | Santiago     | Barreras            | 00:17:07 | M-1 | 60 |
| 155 | Artur        | Costa Pazo          | 00:17:18 | M-1 | 62 |
| 100 | Daniel       | Somoza Otero        | 00:16:07 | M-1 | 46 |
| 163 | Adrian       | Varela Comesaña     | 00:17:29 | M-1 | 65 |
| 59  | Daniel       | Comesaña Alonso     | 00:14:57 | M-1 | 32 |
| 4   | Victor Hugo  | Pacheco Martinez    | 00:12:17 | M-2 | 2  |
| 410 | Alberto      | Alonso Insua        | 00:36:54 | M-2 | 94 |
| 212 | Efren        | Rguez Fdez          | 00:18:23 | M-2 | 51 |
| 17  | Dario        | Arias Costas        | 00:13:13 | M-2 | 4  |
| 80  | Carlos       | Iglesias            | 00:15:33 | M-2 | 17 |
| 111 | Jose Manuel  | Miranda Vieito      | 00:16:24 | M-2 | 27 |
| 25  | Jorge        | Albores Miguez      | 00:13:32 | M-2 | 6  |
| 60  | Eduardo      | Suarez Porto        | 00:15:00 | M-2 | 13 |
| 55  | Eduardo      | Garcia Pazo         | 00:14:50 | M-2 | 11 |
| 11  | Miguel       | Marzoa Ruiz         | 00:12:57 | M-2 | 3  |
| 19  | Jesus        | Fernandez Soengas   | 00:13:16 | M-2 | 5  |
| 370 | Marcos       | Feijoo Suarez       | 00:23:59 | M-2 | 88 |
| 34  | Dario        | Bernardez           | 00:14:10 | M-2 | 7  |
| 77  | Ruben        | Sio Fernandez       | 00:15:30 | M-2 | 16 |
| 71  | David        | Abad Gregorio       | 00:15:19 | M-2 | 15 |
| 186 | Luis         | Martinez Alonso     | 00:17:50 | M-2 | 45 |
| 36  | Luis Manuel  | Quintela Rivas      | 00:14:11 | M-2 | 8  |
| 3   | Miguel Angel | Carmona Araujo      | 00:12:10 | M-2 | 1  |
| 86  | Ramon        | Pereira Salgueiro   | 00:15:41 | M-2 | 19 |
| 113 | David        | Gonzalez Ucles      | 00:16:26 | M-2 | 28 |
| 304 | Agustin      | Lopez Quiros        | 00:21:04 | M-2 | 73 |
| 327 | Jesus        | Ferreiro Gallego    | 00:21:33 | M-2 | 79 |
| 336 | Moises       | Amoedo Collazo      | 00:21:59 | M-2 | 82 |
| 52  | Alen         | Barindelli          | 00:14:49 | M-2 | 10 |
| 57  | Daniel       | Comesaña Saa        | 00:14:55 | M-2 | 12 |
| 90  | Jose Carlos  | Delgado Ramos       | 00:15:51 | M-2 | 20 |
| 91  | Luis         | Villacorta Martin   | 00:15:51 | M-2 | 21 |
| 92  | Jose Ramon   | Carreiro Pazos      | 00:15:51 | M-2 | 22 |
| 101 | Enrique      | Perez Conde         | 00:16:08 | M-2 | 24 |
| 103 | Francisco    | Iglesias Dominguez  | 00:16:11 | M-2 | 25 |
| 108 | Alberto      | Braña Veiga         | 00:16:18 | M-2 | 26 |
| 121 | Ramon Jose   | Espiñeira Alvarez   | 00:16:33 | M-2 | 31 |
| 122 | Jorge        | Diaz Seoane         | 00:16:36 | M-2 | 32 |
| 130 | Marco        | Suarez Rodriguez    | 00:16:43 | M-2 | 33 |
| 137 | Andres       | Froiz Lareu         | 00:16:55 | M-2 | 35 |
| 142 | Javier       | Lopez Pino          | 00:17:00 | M-2 | 36 |
| 157 | Rafael       | Fernandez Fernandez | 00:17:21 | M-2 | 39 |
| 167 | Samuel       | Martin              | 00:17:31 | M-2 | 41 |
| 168 | Antonio Luis | Lopez Fernandez     | 00:17:32 | M-2 | 42 |





## SUBIDA AO CASTRO

|     |              |                     |          |     |    |
|-----|--------------|---------------------|----------|-----|----|
| 178 | Iago         | Acuña Lopez         | 00:17:44 | M-2 | 43 |
| 189 | Ivan         | Rodilla             | 00:17:51 | M-2 | 46 |
| 192 | Victoriano   | Sanluis Lago        | 00:17:54 | M-2 | 47 |
| 206 | Ignacio      | Montero Gonzalez    | 00:18:16 | M-2 | 49 |
| 213 | Oscar        | Alonso Costas       | 00:18:26 | M-2 | 52 |
| 221 | Agustin      | Calvo Gonzalez      | 00:18:40 | M-2 | 53 |
| 224 | David        | Martinez Dobalo     | 00:18:47 | M-2 | 54 |
| 227 | Alvaro       | Parcero Novas       | 00:18:51 | M-2 | 55 |
| 241 | Benito Jose  | Pinal Otero         | 00:19:17 | M-2 | 57 |
| 244 | Luis         | Rodriguez Fernandez | 00:19:24 | M-2 | 59 |
| 245 | Alberto      | Boa Mouco           | 00:19:25 | M-2 | 60 |
| 254 | Hector       | Estevez Villar      | 00:19:39 | M-2 | 61 |
| 260 | Juan Carlos  | Hernandez Graña     | 00:19:51 | M-2 | 62 |
| 262 | Gerson       | Iglesias Fernandez  | 00:19:53 | M-2 | 63 |
| 273 | Jose Manuel  | Martinez Riveiro    | 00:20:11 | M-2 | 64 |
| 276 | Marco        | Amoedo Martinez     | 00:20:12 | M-2 | 66 |
| 282 | Ivan         | Melendez Medela     | 00:20:20 | M-2 | 67 |
| 286 | Tomas        | Troncoso Recio      | 00:20:30 | M-2 | 68 |
| 293 | Jose Javier  | Rodriguez Pereiro   | 00:20:42 | M-2 | 69 |
| 294 | David        | Alfaya Masso        | 00:20:47 | M-2 | 70 |
| 300 | Ramon        | Cabezas Varela      | 00:21:01 | M-2 | 72 |
| 302 | Luis Miguel  | Sobrevela Romaguera | 00:21:04 | M-2 | 74 |
| 308 | Ricardo      | Soler Vidal         | 00:21:10 | M-2 | 75 |
| 312 | Juan         | Andonegui           | 00:21:11 | M-2 | 76 |
| 313 | Juan Jose    | Yañez Pena          | 00:21:12 | M-2 | 77 |
| 320 | Oscar        | Fernandez Delgado   | 00:21:24 | M-2 | 78 |
| 334 | Alberto      | Crespo              | 00:21:51 | M-2 | 80 |
| 335 | German       | Arza Touzon         | 00:21:56 | M-2 | 81 |
| 347 | Eugenio      | Gonzalez Piñeiro    | 00:22:35 | M-2 | 83 |
| 356 | Miguel Angel | Cerdeira Torres     | 00:22:57 | M-2 | 84 |
| 358 | Cesar        | Bao                 | 00:23:00 | M-2 | 85 |
| 359 | Jorge        | De La Fuente Santos | 00:23:06 | M-2 | 86 |
| 363 | Juan Daniel  | Gandara Cortes      | 00:23:23 | M-2 | 87 |
| 382 | Saul         | Arango Gayar        | 00:24:36 | M-2 | 89 |
| 387 | Jose Antonio | Estevez Gonzalez    | 00:25:57 | M-2 | 90 |
| 390 | Marcos       | Sucasas Mejuto      | 00:26:30 | M-2 | 91 |
| 392 | Juan Luis    | Bañon Berges        | 00:28:42 | M-2 | 92 |
| 404 | Jorge        | Castro Gonzalez     | 00:31:43 | M-2 | 93 |
| 62  | Marcial      | Fernandez Da Silva  | 00:15:02 | M-2 | 14 |
| 153 | Julio        | Andon Otero         | 00:17:12 | M-2 | 38 |
| 211 | Roberto      | Garcia De La Cruz   | 00:18:22 | M-2 | 50 |
| 298 | Victoriano   | Sanmartin Gonzalez  | 00:21:00 | M-2 | 71 |
| 143 | Francisco    | Reboiras Rua        | 00:17:03 | M-2 | 37 |
| 117 | Alberto      | Lopez Pino          | 00:16:30 | M-2 | 30 |
| 82  | Yago         | Gefaell Borrás      | 00:15:35 | M-2 | 18 |
| 161 | Antonio      | Costas Fernandez    | 00:17:28 | M-2 | 40 |
| 114 | David        | Mallo Alonso        | 00:16:27 | M-2 | 29 |



## SUBIDA AO CASTRO

|     |                  |                     |          |     |    |
|-----|------------------|---------------------|----------|-----|----|
| 49  | Antonio          | Andion Rivadulla    | 00:14:43 | M-2 | 9  |
| 99  | Francisco Javier | Martinez Ventin     | 00:16:05 | M-2 | 23 |
| 131 | Miguel Angel     | Gil Gonzalez        | 00:16:46 | M-2 | 34 |
| 183 | Pablo            | Rello Fernandez     | 00:17:49 | M-2 | 44 |
| 195 | Modesto          | Comesaña Pedrido    | 00:17:57 | M-2 | 48 |
| 229 | Carlos           | Fernandez Casanova  | 00:18:53 | M-2 | 56 |
| 243 | Pablo            | Garrido Llamas      | 00:19:23 | M-2 | 58 |
| 275 | Iago             | Hernandez Pereira   | 00:20:12 | M-2 | 65 |
| 30  | Jose Carlos      | Adan Arias          | 00:13:52 | M-3 | 3  |
| 250 | Ricardo          | Estevez Cernadas    | 00:19:33 | M-3 | 34 |
| 31  | Fernando         | Miranda Vieito      | 00:13:54 | M-3 | 4  |
| 321 | Moncho           | Garcia Malga        | 00:21:25 | M-3 | 48 |
| 253 | Antonio G.       | Rodriguez Porto     | 00:19:37 | M-3 | 35 |
| 81  | Tito             | Varela              | 00:15:35 | M-3 | 9  |
| 94  | Jose Maria       | Tato                | 00:15:58 | M-3 | 11 |
| 115 | Xan              | Raña Gregorio       | 00:16:29 | M-3 | 13 |
| 116 | Jose Antonio     | Taboas              | 00:16:30 | M-3 | 14 |
| 191 | Antonio          | Barroso Gonzalez    | 00:17:53 | M-3 | 27 |
| 278 | Jorge            | Rodriguez Pena      | 00:20:15 | M-3 | 41 |
| 257 | Jose             | Gamote              | 00:19:43 | M-3 | 36 |
| 79  | Jose             | Lopez Alvarez       | 00:15:31 | M-3 | 8  |
| 185 | Carlos           | Piñeiro Rodriguez   | 00:17:50 | M-3 | 25 |
| 9   | Manuel Enrique   | Estevez             | 00:12:40 | M-3 | 1  |
| 119 | Manuel           | Casaleiro Fernandez | 00:16:32 | M-3 | 15 |
| 274 | Manuel           | Rodriguez Tornos    | 00:20:12 | M-3 | 40 |
| 385 | Roberto          | Vidal Refojos       | 00:25:14 | M-3 | 53 |
| 237 | Victor           | Collazo Lopez       | 00:19:06 | M-3 | 33 |
| 134 | Antonio          | Baamonde Gonzalez   | 00:16:49 | M-3 | 19 |
| 70  | Benigno          | Barreiro Barreiro   | 00:15:14 | M-3 | 7  |
| 112 | Felix            | Fernandez Abalde    | 00:16:25 | M-3 | 12 |
| 120 | Salvador         | Davila Bugarin      | 00:16:33 | M-3 | 16 |
| 125 | Jose             | Rguez               | 00:16:38 | M-3 | 17 |
| 133 | Vicente          | Rodriguez Perez     | 00:16:47 | M-3 | 18 |
| 141 | Juan Carlos      | Perez Vila          | 00:16:58 | M-3 | 20 |
| 146 | Luis             | Piña Refojos        | 00:17:06 | M-3 | 21 |
| 165 | Lisardo          | Villanueva Areal    | 00:17:30 | M-3 | 22 |
| 170 | Carlos           | Amoedo Agulla       | 00:17:33 | M-3 | 23 |
| 173 | Gonzalo          | Herrero Mena        | 00:17:38 | M-3 | 24 |
| 190 | Miguel Angel     | De Evan Fariña      | 00:17:53 | M-3 | 26 |
| 196 | Oswaldo          | Sanchez Otero       | 00:17:58 | M-3 | 28 |
| 214 | Guillermo        | Peiteado Ruiz       | 00:18:31 | M-3 | 30 |
| 217 | Thierry          | Noblesse            | 00:18:33 | M-3 | 31 |
| 231 | Luis             | Alonso Bastos       | 00:18:55 | M-3 | 32 |
| 258 | Antonio          | Sanchez Amez        | 00:19:44 | M-3 | 37 |
| 265 | Juan Antonio     | Perez Dominguez     | 00:19:56 | M-3 | 38 |
| 266 | Luis             | Gonzalez Garcia     | 00:19:59 | M-3 | 39 |
| 281 | Manuel           | Garcia Perez        | 00:20:19 | M-3 | 43 |



## SUBIDA AO CASTRO

|     |               |                     |          |     |    |
|-----|---------------|---------------------|----------|-----|----|
| 292 | Fernando      | Reigada Quintela    | 00:20:39 | M-3 | 44 |
| 315 | Jose Manuel   | Amoedo Agulla       | 00:21:17 | M-3 | 45 |
| 318 | Valentin      | Perez Gomez         | 00:21:22 | M-3 | 46 |
| 326 | Daniel        | Gonzalez Matos      | 00:21:32 | M-3 | 49 |
| 330 | Manuel        | Perez Rodriguez     | 00:21:44 | M-3 | 50 |
| 352 | Alejo         | Calatayud           | 00:22:42 | M-3 | 51 |
| 355 | Luis          | Portela Fernandez   | 00:22:56 | M-3 | 52 |
| 396 | Jesus Maria   | Perez Campo         | 00:29:42 | M-3 | 54 |
| 409 | Jose Ramon    | Collazo Regueiro    | 00:33:01 | M-3 | 55 |
| 58  | Miguel        | Costas Costas       | 00:14:56 | M-3 | 5  |
| 61  | Santiago      | Bernardez Macia     | 00:15:02 | M-3 | 6  |
| 88  | Manuel        | Valebona Refojos    | 00:15:46 | M-3 | 10 |
| 29  | Anton         | Amoedo Gimenez      | 00:13:48 | M-3 | 2  |
| 197 | Gerardo       | Acosta Padin        | 00:17:59 | M-3 | 29 |
| 319 | Xabi          | Rodriguez Babarro   | 00:21:23 | M-3 | 47 |
| 411 | Pablo         | Perez Blanco        | 00:41:36 | M-3 | 56 |
| 280 | Evaristo      | Alfaya              | 00:20:19 | M-3 | 42 |
| 171 | Sebas         | Goda                | 00:17:34 | M-4 | 4  |
| 66  | Antonio       | Fuertes Saavedra    | 00:15:07 | M-4 | 2  |
| 166 | Ramiro        | Taboada Gonzalez    | 00:17:31 | M-4 | 3  |
| 50  | Manuel        | Suarez Martinez     | 00:14:44 | M-4 | 1  |
| 154 | Manuel        | Carames             | 00:17:17 | M-5 | 3  |
| 235 | Federico Aman | Garcia Costas       | 00:18:59 | M-5 | 6  |
| 169 | Roberto       | Rey Gonzalez        | 00:17:33 | M-5 | 4  |
| 152 | Joaquim       | Sa                  | 00:17:12 | M-5 | 2  |
| 219 | Carlos        | Dominguez Rodriguez | 00:18:38 | M-5 | 5  |
| 344 | Luis          | Lopez Ramos         | 00:22:21 | M-5 | 7  |
| 87  | Jose          | Jardon Lopez        | 00:15:45 | M-5 | 1  |
| 365 | Ceferino      | Sanchez Gestido     | 00:23:45 | M-5 | 8  |







## SUBIDA AO CASTRO

35  
20  
125  
90  
75  
60  
35  
35  
30  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
30  
20  
20  
20  
200  
30  
200  
250  
150  
125  
90  
75  
80  
100  
250  
35  
90  
70  
15  
150  
75  
35  
30  
30  
20  
125







## SUBIDA AO CASTRO

20  
20  
20  
15  
15  
20  
15  
20  
200  
15  
15  
125  
30  
20  
90  
35  
35  
150  
100  
15  
80  
30  
35  
20  
75  
250  
30  
20  
15  
15  
15  
60  
35  
30  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20







## SUBIDA AO CASTRO

70  
20  
20  
20  
20  
20  
15  
15  
15  
150  
20  
125  
20  
20  
70  
35  
35  
35  
20  
20  
20  
75  
20  
250  
35  
20  
15  
20  
30  
80  
35  
30  
30  
30  
30  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20  
20



## SUBIDA AO CASTRO

20  
20  
20  
20  
20  
20  
15  
15  
15  
15  
100  
90  
60  
200  
20  
20  
15  
20  
125  
200  
150  
250  
150  
90  
125  
200  
100  
80  
250  
75