

Carreira praia de Samil 2023

Clasificación General

Clit	Dor.	Apellidos y nombre	Club	(Clit)	(Clit)	Intermedio	Tiempo	Diferencia
FEMENINO								
1	488	FREAZA OTERO Sofia	COMESAÑA SPORTING CLUB	(1)	(1)	22:27.900	35:36.492	
2	387	ALVAREZ RODRIGUEZ Noemí	MAISQUEAUGA	(1)	(2)	22:40.063	35:49.452	12.960
3	122	FERREIRO PEREZ Maria	GMTA CHUVONERS	(2)	(4)	22:58.931	36:11.508	35.016
4	508	ESTEVEZ CRESPO Cris	ATLETISMO FEMENINO CELTA	(2)	(3)	22:42.712	36:30.478	53.986
5	392	MARTINEZ BARGIELA Leda	AMIGOS, DEPORTE E NATUREZA RIA	(3)	(5)	23:19.275	37:14.191	1:37.699
6	660	GALLEGO CANABAL Laura	CLUB DEPORTIVO DELIKIA	(3)	(6)	23:33.947	37:29.812	1:53.320
7	538	LOPEZ REBOLLIDO Julia	KURAI	(4)	(9)	23:59.634	37:42.112	2:05.620
8	500	RODRIGUEZ OLIVEIRA Rocio	ATHLETIS FISIOTERAPIA SAN LÁZA	(4)	(7)	23:40.111	37:44.693	2:08.201
9	484	RODRIGUEZ GONZALEZ Nerea	ATLETISMO PORRIÑO	(5)	(8)	23:48.430	38:02.134	2:25.642
10	263	CALVO SERRANO Marta	VIGOENTRENA	(5)	(10)	24:01.932	38:25.132	2:48.640
11	347	MENDEZ TAPIAS Paz	LODEIROS TRAIL	(6)	(12)	24:22.464	38:40.337	3:03.845
12	281	IGLESIAS GOMEZ Sara		(6)	(11)	24:06.198	38:42.983	3:06.491
13	571	IGLESIAS SANTIAGO Angeles	CLUB DEPORTIVO PINARIUM	(1)	(16)	24:57.947	39:17.143	3:40.651
14	376	LEMONS SOAGE Ana	CORREDOIRAS BUEU	(2)	(13)	24:44.728	39:17.995	3:41.503
15	519	PEREZ GONZALEZ Elena	BURGAS OURENSE ATLETISMO	(7)	(14)	24:46.979	39:20.243	3:43.751
16	383	ALONSO GARCIA Ana	ATHLETIS FISIOTERAPIA SAN LÁZA	(8)	(15)	24:53.142	39:28.726	3:52.234
17	12	MOREU PEREIRA-BORRAJO Beatriz	CLUB DEPORTIVO DELIKIA	(9)	(18)	25:32.330	40:15.225	4:38.733
18	336	VILLALBA BARRIOS Delia		(10)	(23)	25:53.356	40:19.097	4:42.605
19	541	MUIÑO VIDAL Marta		(11)	(17)	25:02.917	40:25.126	4:48.634
20	462	LOPEZ CAMBA Raquel		(12)	(21)	25:43.416	40:33.488	4:56.996
21	111	NOVOA ALONSO Tamara	VIGOENTRENA	(7)	(22)	25:47.728	40:52.807	5:16.315
22	521	ALVAREZ LEZANA Nuria		(13)	(20)	25:38.939	40:59.622	5:23.130
23	246	RIVERA VAZQUEZ Noelia	ATHLETIS FISIOTERAPIA SAN LÁZA	(14)	(19)	25:38.189	41:02.757	5:26.265
24	225	ARGUDIN ESTEVEZ Monica	C.A.R. MARISQUEIRO	(15)	(24)	25:56.284	41:10.799	5:34.307
25	353	GARCIA DE EUSEBIO Celeste	LODEIROS	(3)	(25)	26:04.440	41:28.027	5:51.535
26	166	SAMPEDRO GARRIDO Julia	MAISQUEAUGA	(8)	(27)	26:06.478	41:30.003	5:53.511
27	167	LLORENTE Lucia	MAISQUEAUGA	(9)	(26)	26:05.307	41:30.540	5:54.048
28	568	LEMAT CABRAL María Belén	CLUB TRIATLON CIDADE DE LUGO F	(4)	(28)	26:06.971	41:44.078	6:07.586
29	543	AMIL Christin		(10)	(34)	26:48.924	42:04.702	6:28.210
30	630	FILLOY PEREIRA Rocío		(16)	(31)	26:30.478	42:11.200	6:34.708
31	168	GONZALEZ CASAL Alejandra	VIGOENTRENA	(17)	(29)	26:28.392	42:16.422	6:39.930
32	606	NUÑEZ NAVEIRA Laura		(18)	(37)	27:00.620	42:24.129	6:47.637
33	299	CASSANI Lucía		(11)	(38)	27:07.346	42:38.980	7:02.488
34	654	GONZALEZ RODRIGUEZ Jenni		(12)	(32)	26:36.969	42:39.149	7:02.657
35	80	SORDO GARCIA María Teresa	TANINOS RUNNERS	(19)	(33)	26:48.854	42:48.821	7:12.329
36	680	VIEIRA COSTAS Arantxa	VIGOENTRENA	(13)	(30)	26:29.047	42:50.789	7:14.297
37	277	VYNOHRADOVA Kateryna		(14)	(36)	26:56.025	42:54.509	7:18.017
38	386	GALEGO CASAS Maria		(20)	(35)	26:50.494	42:58.970	7:22.478
39	412	CANABAL VILLAVERDE Edtrella		(5)	(40)	27:11.892	42:59.163	7:22.671
40	177	CANABAL VILLAVERDE Isa	BORGWARNER	(6)	(39)	27:11.821	42:59.581	7:23.089
41	658	ALONSO CABALEIRO Andrea	LA COLONIA CROSSFIT	(15)	(43)	27:42.081	43:42.070	8:05.578
42	193	ABALDE ALONSO Lara		(16)	(42)	27:38.470	43:47.762	8:11.270
43	283	GARCIA TORRICO Dolly	MAISQUEAUGA	(21)	(44)	27:43.580	43:50.621	8:14.129
44	245	GRAÑA VIEITEZ Beatriz	C.A.R. MARISQUEIRO	(22)	(46)	27:51.782	43:58.950	8:22.458
45	232	RODRIGUEZ LOPEZ Belén	CLUB DEPORTIVO DELIKIA	(23)	(41)	27:37.790	44:20.054	8:43.562

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46	98	ZAPATA RODRIGUEZ Raquel	C.A.R. MARISQUEIRO	(24)	(45)	27:49.251	44:38.765	9:02.273
47	451	VIDAL LORENZO Emilia	MAISQUEAUGA	(25)	(48)	28:22.790	44:49.412	9:12.920
48	17	WALTON Tonya		(26)	(49)	28:35.589	44:54.472	9:17.980
49	14	FERNANDEZ MOSQUERA Raquel		(27)	(47)	28:21.596	44:56.845	9:20.353
50	389	MARTIN PALLES Andrea		(17)	(60)	29:17.001	45:43.314	10:06.822
51	96	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	(1)	(51)	28:45.243	45:44.475	10:07.983
52	77	SARABIA VIDAL Montse		(28)	(50)	28:35.962	46:04.103	10:27.611
53	140	LOPEZ REGUEIRO Alicia	C.A.R. MARISQUEIRO	(1)	(52)	28:52.579	46:04.175	10:27.683
54	59	POMBAR GRAÑA Alba		(18)	(61)	29:27.360	46:11.587	10:35.095
55	613	Romero Martínez Mónica	FRUTAS NIEVES	(29)	(53)	29:04.204	46:20.893	10:44.401
56	466	CARRERA SOUTELO Josefa	TALLERES EAUTO	(2)	(62)	29:32.377	46:26.205	10:49.713
57	671	RODRIGUEZ FERNANDEZ Laura		(19)	(55)	29:10.322	46:28.213	10:51.721
58	464	GARCIA DE PABLOS Beatriz	CLUB DEPORTIVO DELIKIA	(30)	(54)	29:05.024	46:28.874	10:52.382
59	512	VALIENTE PICON Sara		(20)	(57)	29:12.737	46:49.294	11:12.802
60	358	PEREZ RODRIGUEZ Elisa	MAISQUEAUGA	(31)	(71)	30:12.457	46:50.986	11:14.494
61	329	COSTAS COSTAS Raquel		(7)	(56)	29:10.791	46:57.750	11:21.258
62	75	PAZ POMBAL Iris		(21)	(58)	29:13.743	47:00.668	11:24.176
63	448	MARTINEZ COMESAÑA Lucía	C.A.R. MARISQUEIRO	(32)	(59)	29:14.353	47:02.350	11:25.858
64	273	PEREZ PARCERO Elena		(22)	(64)	29:43.021	47:25.034	11:48.542
65	649	RAMOS GONZALEZ Noa		(23)	(65)	29:45.760	47:47.735	12:11.243
66	526	LAGO VALCARCEL Beatriz	700	(24)	(77)	30:40.181	47:50.368	12:13.876
67	188	CARRERA LAGO Vanesa	CAZAFANTASMAS TEAM	(33)	(63)	29:40.650	47:50.875	12:14.383
68	539	ESTEVEZ Estefanía		(25)	(73)	30:23.774	47:54.487	12:17.995
69	214	VAZQUEZ MAYO Mónica	MAISQUEAUGA	(34)	(70)	30:12.009	47:55.711	12:19.219
70	610	CARRERA COSTAS Montserrat	COMESAÑA SPORTING CLUB	(8)	(132)	36:30.199	48:00.571	12:24.079
71	481	VIÑAS ROMERO Silvia	BIKILA	(35)	(68)	29:58.182	48:07.337	12:30.845
72	361	GALLERO FERNANDEZ Mar		(3)	(75)	30:37.604	48:15.275	12:38.783
73	492	DOMINGUEZ PEREZ Naomi		(26)	(67)	29:54.244	48:18.468	12:41.976
74	587	OTERO RAMIREZ Maria		(36)	(80)	30:51.503	48:19.552	12:43.060
75	473	SERRANO MONGE Violeta	CLUB DEPORTIVO DELIKIA	(27)	(69)	30:11.355	48:20.200	12:43.708
76	569	GONZALEZ DE LA CUESTA Sofía		(9)	(74)	30:28.485	48:45.948	13:09.456
77	57	PAZ OLIVEIRA Natalia	MAISQUEAUGA	(37)	(72)	30:21.677	48:55.496	13:19.004
78	42	MELLADO FRANCO Ana Belen		(38)	(82)	31:02.916	49:00.409	13:23.917
79	324	FERNANDEZ VARELA M. Estefanía		(39)	(76)	30:38.565	49:02.628	13:26.136
80	149	ORTIZ CIDRE Andrea		(28)	(83)	31:04.251	49:04.377	13:27.885
81	407	MORENO Marta		(29)	(84)	31:04.418	49:04.494	13:28.002
82	439	CIMAS Pilar		(40)	(79)	30:48.032	49:05.216	13:28.724
83	298	MOSQUERA RODRIGUEZ Ana		(10)	(92)	31:46.737	49:41.279	14:04.787
84	136	LEMONS Andrea	KOMBUCHA TIME	(30)	(88)	31:26.941	49:50.579	14:14.087
85	180	RODAL MALVIDO Loli		(31)	(87)	31:26.846	49:57.160	14:20.668
86	648	VELASCO FONDEVILA Laura	LIMIATIVA	(32)	(81)	31:00.949	50:00.660	14:24.168
87	148	CEBREIROS IGLESIAS Sira	A.D. LIMIACTIVA	(33)	(78)	30:44.541	50:00.781	14:24.289
88	172	CALLES RODRIGUEZ Rosa Amelia		(11)	(85)	31:06.877	50:03.259	14:26.767
89	678	BAR IGLESIAS Aroa		(1)	(95)	32:07.253	50:08.395	14:31.903
90	348	ABUNDANCIA GONZALEZ Elena		(34)	(86)	31:11.472	50:15.813	14:39.321
91	71	FERREIRO GARCIA Zoe		(35)	(90)	31:44.471	50:17.180	14:40.688
92	455	FERNANDEZ SUAREZ Irma		(12)	(105)	32:31.559	50:30.173	14:53.681

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93	570	ALVAREZ COMESAÑA Monica	ATHLETIS FISIOTERAPIA SAN LAZA	(13)	(94)	32:06.784	50:38.493	15:02.001
94	310	CASTRO PARDAVILA Nerea		(36)	(89)	31:43.369	50:49.313	15:12.821
95	74	VILLARONGA ARTEAGA Lu		(41)	(101)	32:21.760	50:53.521	15:17.029
96	279	PRIETO MORAIS Pili	TNT GHERRILLEIROS	(14)	(66)	29:53.401	50:53.801	15:17.309
97	307	PEREZ RODRIGUEZ Luz	MAISQUEAUGA	(37)	(91)	31:44.894	50:58.822	15:22.330
98	595	IBARRETXE MARTINEZ Arantzazu	L@S INSENSAT@S	(42)	(96)	32:08.377	51:06.075	15:29.583
99	50	BARTER Sarah		(38)	(99)	32:11.096	51:09.682	15:33.190
100	586	BADA MOREIRA Patricia	FITGAL	(43)	(102)	32:22.745	51:15.187	15:38.695
101	682	MARTINEZ CERQUEIRA Estefanía	LA COLONIA CROSSFIT	(39)	(104)	32:25.793	51:20.120	15:43.628
102	395	OTERO RODRIGUEZ Silvia		(40)	(109)	32:37.627	51:20.881	15:44.389
103	561	LORENZO LEGEREN Maria	FITGAL	(15)	(100)	32:21.058	51:26.332	15:49.840
104	318	SOLA BRAVO Ángela Isabel		(44)	(115)	33:09.198	51:28.791	15:52.299
105	415	REY VENTOSO Rita	PEXE	(16)	(111)	32:41.096	51:32.873	15:56.381
106	403	GARCIA OTERO Antía		(41)	(106)	32:32.519	51:34.982	15:58.490
107	224	MAYO Tamara	VIGOENTRENA	(42)	(107)	32:34.558	51:40.294	16:03.802
108	477	PEÑA LOPEZ Lorena		(45)	(98)	32:10.885	51:48.396	16:11.904
109	478	CRUZ CASAS Desirée		(46)	(97)	32:08.682	51:48.735	16:12.243
110	169	CASTROSEIROS GONZALEZ Natalia	MAISQUEAUGA	(43)	(110)	32:40.324	51:52.222	16:15.730
111	109	VAZQUEZ NOVOA Nieves		(47)	(112)	32:41.940	52:05.323	16:28.831
112	604	CARNERO LLAUGER María	BIKILA	(48)	(113)	32:48.644	52:09.294	16:32.802
113	134	COVELO Alba		(44)	(108)	32:36.175	52:11.865	16:35.373
114	674	PEREZ MONZON Patricia		(45)	(93)	32:06.151	52:39.284	17:02.792
115	617	GIL RODRIGUEZ Elena		(49)	(103)	32:24.503	52:40.317	17:03.825
116	663	HERRERA Damaris		(46)	(118)	33:44.449	52:55.235	17:18.743
117	346	GIL JANEIRO Yoli	MAISQUEAUGA	(50)	(117)	33:31.137	53:24.569	17:48.077
118	413	RAMOS VIEITEZ Teresa		(47)	(120)	34:06.364	53:38.947	18:02.455
119	155	RODRIGUEZ RODRIGUEZ María		(48)	(124)	34:35.942	54:32.950	18:56.458
120	452	OSSORIO TERRON Asuncion	ATHLETIS FISIOTERAPIA SAN LAZA	(4)	(126)	34:44.964	54:33.210	18:56.718
121	650	SANCHEZ GUZMAN Pamela	OS CORREDORES DO INFIERNO	(49)	(121)	34:19.325	54:34.029	18:57.537
122	306	DARRIBA CASTRO María	MAISQUEAUGA	(50)	(114)	32:58.746	54:44.929	19:08.437
123	40	SOUTO PEREIRA Lucia	C.A. VETERANOS DE SAMIL	(51)	(116)	33:28.183	54:50.869	19:14.377
124	656	JAQUEZ Licet		(51)	(123)	34:24.363	55:08.940	19:32.448
125	637	ARNOSO MOURE Lydia		(52)	(129)	35:14.778	55:38.824	20:02.332
126	130	MARIÑO MENOR Sara		(52)	(125)	34:40.933	55:50.033	20:13.541
127	55	CALVIÑO CANCELA Carol		(17)	(130)	36:28.582	56:03.324	20:26.832
128	105	RODRIGUEZ ALVAREZ Marta	BIKILA	(18)	(127)	35:05.355	56:09.324	20:32.832
129	427	RODRIGUEZ Ana	MAISQUEAUGA	(19)	(131)	36:29.637	56:10.533	20:34.041
130	441	ALVAREZ DOMINGUEZ Rosa M ^a	MAISQUEAUGA	(2)	(119)	34:00.902	56:10.608	20:34.116
131	542	LOPEZ PITA Estíbaliz		(53)	(122)	34:20.731	56:33.246	20:56.754
132	175	GONZALEZ BLAS Cristina		(20)	(134)	36:40.839	57:36.169	21:59.677
133	176	GONZALEZ RODRIGUEZ Alba		(21)	(135)	36:41.789	57:55.247	22:18.755
134	666	VILLANUEVA FERNANDEZ Elena		(53)	(128)	35:06.692	58:20.040	22:43.548
135	15	COSTA GARRIDO Alejandra	SOCIEDAD ATLÉTICA VAL MIÑOR	(54)	(140)	37:46.817	58:32.637	22:56.145
136	628	BARROS Montse	CLUB DEPORTIVO DELIKIA	(54)	(133)	36:40.115	59:04.407	23:27.915
137	256	RODRIGUEZ GARCIA Sandra	MAISQUEAUGA	(55)	(137)	36:51.949	59:12.458	23:35.966
138	178	QUERRO Aurora		(56)	(136)	36:49.418	59:27.072	23:50.580
139	250	BARROS RIVEIRO Josefina		(3)	(142)	38:44.334	1h00:50.540	25:14.048

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140	199	PEREIRA OYA M. Del Carmen	ADN RUNNERS	(55)	(141)	38:10.208	1h01:02.103	25:25.611
141	170	GONZALEZ MERA Regina	MAISQUEAUGA	(22)	(139)	36:59.661	1h01:02.420	25:25.928
142	487	SANTANA CABRAL Pilar	MAISQUEAUGA	(57)	(138)	36:59.613	1h01:02.561	25:26.069
143	365	ALONSO PEREIRA Fátima		(58)	(143)	39:09.481	1h03:28.791	27:52.299
144	429	GONZALEZ SORDO Noemí	TANINOS RUNNERS	(2)	(144)	39:38.662	1h05:02.438	29:25.946

Ausentes

3	RODRIGUEZ GACIO Susana	CLUB DEPORTIVO DELIKIA
21	VARELA BLANCO Beatriz	C.A. VETERANOS DE SAMIL
22	COMESAÑA VARELA Iris	C.A. VETERANOS DE SAMIL
25	CASTILLA GUTIERREZ Mercedes	C.A. VETERANOS DE SAMIL
26	HERNANDEZ FERNANDEZ Maria Aranzazu	C.A. VETERANOS DE SAMIL
27	GARCIA HERNANDEZ Adara	C.A. VETERANOS DE SAMIL
33	TILVE Nazareth	C.A. VETERANOS DE SAMIL
36	COLLAZO FERNANDEZ Lorena	C.A. VETERANOS DE SAMIL
51	PIÑEL LORENZO Eva	CELTA ATLETISMO
70	FEBREIRO COSTAS Andrea	
87	VULCANO DOMINGUEZ Sara	
101	PEDRIDO RODRIGUEZ Angustias	
126	SOUTO MARTINEZ Isabel	
165	GONZALEZ GOMEZ Maria Manuela	CASTRELOS KM-0
187	GONZALEZ GONZALEZ Elena	MAISQUEAUGA
197	RODRIGUEZ POLO Lara	CLUB DEPORTIVO DELIKIA
261	VARELA Raquel	
262	FIGUEROA Sandra	
269	ROCHA CRUCES M. Carmen	
274	LOPEZ BOLAS Alba	ATHLETIS FISIOTERAPIA SAN LÁZA
287	PARDO ALMEIDA Joana	
317	DIZ SIENES Ana	CLUB DEPORTIVO DELIKIA
342	DOMINGUEZ TABOAS Tamara	
364	LAGO RODRIGUEZ Marta	
374	TORRON CASAL Begoña	
440	PRADO OTERO Alba	
449	RODRIGUEZ SANTOS Bibiana	
494	DE MARIA OLIVERA Carolina	
536	GARCIA SAGASTUME Amaia	G.E. GKN INDUGASA
546	RODRIGUEZ CARPINTERO Celi	
616	MARTINEZ VALEIRAS Rebeca	
686	ARMADÁNS VILLAR Gloria	
687	LAMEIRO COUTO Alba	

Abandonos

162	ABELEIRA CARBALLO Irene	
181	VERDUGO GIL Silvia	

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MASCULINO								
1	52	GUTIERREZ GONZALEZ Carlos Enrique	CLUB DEPORTIVO DELIKIA	(1)	(2)	18:21.642	29:17.569	
2	447	PEREZ BLANCO Xosé	ATLETISMO ARENTEIRO	(2)	(7)	18:46.298	29:24.409	6.840
3	150	BARREIRO GOMEZ Martín	TRINORTH	(3)	(1)	18:21.524	29:29.249	11.680
4	325	FERNANDEZ SOENGAS Jesús	C.A.R. MARISQUEIRO	(1)	(3)	18:22.298	29:30.489	12.920
5	2	BARGIELA ARAUJO Daniel	BIKILA	(2)	(4)	18:33.176	29:41.241	23.672
6	669	PEREZ MISA Jose Antonio		(4)	(5)	18:37.837	29:45.462	27.893
7	145	SOUSA DOMINGUEZ Adrian	GMTA CHUVONERS	(5)	(6)	18:40.931	29:50.651	33.082
8	1	FORTES MONTENEGRO Ricardo		(3)	(10)	18:54.548	29:52.383	34.814
9	501	VIDAL DE SA David		(4)	(11)	18:55.932	30:08.723	51.154
10	657	COMESAÑA PEREIRA Celso	CLUB DEPORTIVO DELIKIA	(6)	(8)	18:53.072	30:21.904	1:04.335
11	270	JALDA SEOANE Ángel Daniel	CORREDOIRAS BUEU	(7)	(9)	18:53.634	30:24.663	1:07.094
12	292	PRIETO DE LA IGLESIA Manuel	ATHLETIS FISIOTERAPIA SAN LÁZA	(1)	(12)	19:04.065	30:26.410	1:08.841
13	393	PARADA MONTOTO David	MONTEPORREIRUNN	(5)	(13)	19:04.463	30:39.010	1:21.441
14	631	GARCIA RODRIGUEZ Sergio		(6)	(14)	19:09.618	30:48.230	1:30.661
15	499	ARIAS Dario	ATHLETIS FISIOTERAPIA SAN LÁZA	(7)	(15)	19:14.588	30:56.984	1:39.415
16	639	VAZQUEZ PAVON Roberto	TANINOR RUNNERS	(8)	(16)	19:31.617	30:57.690	1:40.121
17	288	OTERO AMOEDO Anxo	GRUPO ROSLEV	(8)	(17)	19:45.997	31:13.871	1:56.302
18	322	RIVEIRO RODRIGUEZ Arlindo	CASTRELOS 20:30	(1)	(18)	19:49.838	31:32.403	2:14.834
19	355	ALONSO GONZALEZ André		(9)	(19)	19:56.494	31:52.291	2:34.722
20	338	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	(2)	(20)	19:58.204	31:52.892	2:35.323
21	623	GONZALEZ CASTRO Sindo		(9)	(21)	20:07.298	31:54.884	2:37.315
22	498	GUERRA HERBELLO Diego	S.D.A. SAN MIGUEL DE OIA	(10)	(25)	20:16.791	32:04.330	2:46.761
23	646	OTERO RAMIREZ Alejandro	ATHLETIS FISIOTERAPIA SAN LÁZA	(11)	(22)	20:13.814	32:12.632	2:55.063
24	291	FERNANDEZ Marcos	CSCR BEADE	(10)	(34)	20:31.532	32:14.753	2:57.184
25	240	GONZALEZ ALVAREZ Luis Borja		(11)	(27)	20:20.307	32:18.433	3:00.864
26	132	ANDION RIVADULLA Antonio	C.A. VETERANOS DE SAMIL	(12)	(29)	20:22.367	32:19.444	3:01.875
27	513	ACUÑA FERNANDEZ Cándido	COMESAÑA SPORTING CLUB	(3)	(24)	20:15.407	32:26.986	3:09.417
28	67	COMESAÑA CHAVERT Darío	ATHLETIS FISIOTERAPIA SAN LÁZA	(12)	(23)	20:14.469	32:29.266	3:11.697
29	10	ABELLEIRA RODRIGUEZ Adrián	CLUB DEPORTIVO DELIKIA	(13)	(26)	20:19.415	32:34.707	3:17.138
30	35	ARTHAUD ALVAREZ Alejandro	C.A. VETERANOS DE SAMIL	(14)	(31)	20:29.399	32:38.204	3:20.635
31	400	LOUREIRO MONTENEGRO Pablo	MONTEPORREIRUNN	(13)	(30)	20:26.681	32:42.416	3:24.847
32	206	NOGUEIRA FERNANDEZ Junior		(14)	(28)	20:21.033	32:44.954	3:27.385
33	152	FERREIRA LAREDO David	CASTRELOSKM-0	(15)	(38)	20:54.853	32:46.444	3:28.875
34	528	IGLESIAS CARRERA Carlos	ATHLETIS FISIOTERAPIA SAN LÁZA	(16)	(33)	20:30.079	32:49.385	3:31.816
35	589	LORENZANA MEIRE Jesus	ADN RUNNERS	(17)	(35)	20:39.993	32:56.423	3:38.854
36	662	DOMINGUEZ VILA Pablo	VIGOENTRENA	(15)	(37)	20:49.180	33:05.993	3:48.424
37	532	RODRIGUEZ GALLEGO Alberto Jose	CASTRELOS 20:30	(16)	(32)	20:30.009	33:09.913	3:52.344
38	579	MARTINEZ BARCIELA David		(4)	(41)	21:01.344	33:12.414	3:54.845
39	113	COSTAS COSTAS Miguel	MAISQUEAUGA	(5)	(46)	21:08.352	33:16.887	3:59.318
40	119	ESTEVEZ ALONSO Carlos Javier	CASTRELOSKM-0	(6)	(43)	21:06.900	33:24.215	4:06.646
41	472	ALBA Miguel	CASTRELOS KM 0	(7)	(44)	21:07.158	33:24.954	4:07.385
42	121	RODRIGUEZ FERREIRO Miguel	GMTA CHUVONERS	(17)	(39)	20:56.353	33:30.914	4:13.345
43	69	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	(1)	(45)	21:07.696	33:32.876	4:15.307
44	689	MIRANDA VIEITO Jose Manuel	ATHLETIS FISIOTERAPIA SAN LÁZA	(18)	(40)	20:57.102	33:36.145	4:18.576
45	618	GARCIA FERNANDEZ Esteban	MAISQUEAUGA	(19)	(47)	21:09.290	33:41.826	4:24.257
46	467	COMESAÑA SAA Daniel	L@S INSENSAT@S	(20)	(50)	21:25.461	33:45.949	4:28.380

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ORGANIZAN:



Carreira praia de Samil 2023
Clasificación General

Clit	Dor.	Apellidos y nombre	Club	(Clit)	(Clit)	Intermedio	Tiempo	Diferencia
47	471	FERNANDEZ PLATERO Adrián		(18)	(36)	20:45.453	33:53.775	4:36.206
48	624	FRAGA COSTA Ruben		(21)	(49)	21:25.138	34:02.747	4:45.178
49	425	SALGUEIRO TROITIÑO Santiago		(19)	(58)	21:45.149	34:07.175	4:49.606
50	13	ARCA Isaac		(20)	(51)	21:29.588	34:11.435	4:53.866
51	489	DURAN DURAN Bernardo	CLUB TANINOS PUENTEAREAS	(22)	(52)	21:34.203	34:16.976	4:59.407
52	644	SIERRA PORTO Víctor		(21)	(53)	21:34.229	34:22.448	5:04.879
53	296	FERNANDEZ ABALDE Félix		(8)	(48)	21:24.407	34:22.929	5:05.360
54	196	FUERTES SAAVEDRA Antonio	REAL CLUB CELTA ATLETISMO	(2)	(56)	21:44.048	34:26.027	5:08.458
55	147	DAFONTE MARTINEZ Miguel	VIGOENTRENA	(22)	(42)	21:02.752	34:26.496	5:08.927
56	641	ORTIZ Guillermo		(23)	(61)	21:50.470	34:31.256	5:13.687
57	537	RODRIGUEZ FERNANDEZ Manuel	KURAI	(24)	(65)	21:54.430	34:32.275	5:14.706
58	311	FERNANDEZ MARTINEZ Ángel		(1)	(57)	21:44.893	34:34.676	5:17.107
59	504	PEREZ CONDE Enrique	C.A.R. MARISQUEIRO	(25)	(66)	21:55.696	34:35.337	5:17.768
60	182	GONZALEZ Raúl	BEADE, AHÍ OS VAN!	(23)	(60)	21:50.167	34:46.246	5:28.677
61	490	CONEJERO Borja	TRIATLÓN MAR DE VIGO	(26)	(59)	21:49.953	34:49.419	5:31.850
62	106	ROMERO Fran	BLOOD OF LIONS	(9)	(72)	22:07.274	34:54.456	5:36.887
63	667	BARGIELA Jaime		(24)	(68)	21:57.478	34:55.316	5:37.747
64	129	COSTAS BARCIA Diego	MAISQUEAUGA	(25)	(78)	22:19.274	34:55.769	5:38.200
65	282	CORZON VIEITES Alfonso		(27)	(82)	22:24.290	34:58.716	5:41.147
66	301	PAZ RODRIGUEZ Juan	CASTRELOS 20:30	(10)	(55)	21:43.767	35:03.108	5:45.539
67	112	SIO FERNANDEZ Ruben	ATLETISMO PORRIÑO	(11)	(67)	21:56.681	35:05.169	5:47.600
68	446	MAHOU Xosé	FITGAL	(12)	(77)	22:17.962	35:05.878	5:48.309
69	422	FERREIRO DEAÑO Alfredo	CLUB DEPORTIVO AURUM	(28)	(70)	22:03.221	35:07.237	5:49.668
70	20	ALVAREZ FERNANDEZ Francisco		(29)	(63)	21:52.795	35:08.070	5:50.501
71	183	NOVOA SIO Jose	FLORISTERIA CARMEN SIO	(13)	(81)	22:23.282	35:09.827	5:52.258
72	76	TIZON FREIRIA Germán	SEMPRE LA	(30)	(76)	22:17.376	35:10.348	5:52.779
73	257	FERNANDEZ GRADIN David	G.E. GKN INDUGASA	(31)	(71)	22:06.219	35:12.848	5:55.279
74	116	RIO PEREIRA Yago Daniel		(2)	(69)	21:58.463	35:19.000	6:01.431
75	588	FERRO POZO Juan Carlos		(32)	(73)	22:13.299	35:20.890	6:03.321
76	459	DOMINGUEZ LIBOREIRO Guillermo		(33)	(83)	22:29.306	35:21.858	6:04.289
77	530	CORTIZO BOULLOSA Miguel	ASOCIACIÓN DEPORTIVA C.A.R	(26)	(103)	23:04.979	35:27.918	6:10.349
78	254	COUCE SENRA Óscar		(34)	(80)	22:22.650	35:32.037	6:14.468
79	378	LEDO NOVOA José Eugenio	CLUB DEPORTIVO DELIKIA	(14)	(75)	22:16.813	35:33.349	6:15.780
80	284	ALONSO Alberto		(35)	(54)	21:36.852	35:36.732	6:19.163
81	146	DELGADO RAMOS José Carlos		(36)	(86)	22:37.907	35:40.957	6:23.388
82	460	GONZALEZ MARTINEZ Roberto		(37)	(85)	22:37.274	35:42.792	6:25.223
83	495	LAGADEC Christophe		(38)	(79)	22:21.431	35:48.275	6:30.706
84	300	GONZALEZ ALVAREZ Javier		(3)	(64)	21:53.868	35:51.778	6:34.209
85	88	JARDON LOPEZ Jose	C.A. VETERANOS DE SAMIL	(2)	(87)	22:39.807	35:53.050	6:35.481
86	211	NAVIA IGLESIAS Ruben		(39)	(93)	22:52.228	35:55.888	6:38.319
87	505	ALVAREZ-BUYLLA DE LA UZ Julio	VELAS MARATÓN	(15)	(89)	22:42.971	35:57.648	6:40.079
88	577	PEÑAS COGOLLUDO Jaime		(16)	(97)	23:01.724	36:01.588	6:44.019
89	201	GONZALEZ PEREZ Enrique	MAISQUEAUGA	(40)	(92)	22:48.243	36:02.390	6:44.821
90	305	RODRIGUEZ DOVALE Antonio		(27)	(114)	23:32.073	36:05.689	6:48.120
91	156	RELLO VILLAR Teo		(4)	(104)	23:08.306	36:07.298	6:49.729
92	8	RIVERA GUILLADE Martín		(28)	(74)	22:15.056	36:08.279	6:50.710
93	217	LUCIA PAREDES Giovanni		(17)	(95)	22:58.672	36:08.800	6:51.231

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Cl	Dor.	Apellidos y nombre	Club	(Cl)	(Cl)	Intermedio	Tiempo	Diferencia
94	503	GONZALEZ RODAL Xián	TRIATLÓN MAR DE VIGO	(5)	(62)	21:52.109	36:12.408	6:54.839
95	161	DIAZ SANTOS Juan Manuel		(29)	(84)	22:31.931	36:16.688	6:59.119
96	276	VYNOHRADOV Andrii		(30)	(102)	23:04.649	36:20.470	7:02.901
97	385	FERNANDEZ FERNANDES Miguel	RUN&TRI	(41)	(91)	22:48.175	36:21.812	7:04.243
98	61	MARTINEZ VENTIN Xavier Leiro	C.A. VETERANOS DE SAMIL	(42)	(101)	23:04.557	36:26.479	7:08.910
99	185	LOUREIRO RODRIGUEZ Santiago		(43)	(112)	23:20.025	36:30.070	7:12.501
100	659	DOMINGUEZ CARRERA Sergio	LA COLONIA CROSSFIT	(31)	(100)	23:04.501	36:37.171	7:19.602
101	600	MAYO Marcos		(44)	(113)	23:24.477	36:38.780	7:21.211
102	139	PECES GARCIA Uge	C.A.R. MARISQUEIRO	(45)	(98)	23:03.291	36:39.119	7:21.550
103	83	CUETO FERNANDZ David	CERTA	(46)	(99)	23:03.642	36:41.812	7:24.243
104	615	ROA MENDEZ Neftali		(47)	(94)	22:58.017	36:42.939	7:25.370
105	304	PEREIRA SALGUEIRO Ramon		(48)	(96)	23:00.923	36:46.400	7:28.831
106	219	PEREZ BLANCO Pablo	CLUB DEPORTIVO DELIKIA	(18)	(108)	23:16.485	36:52.760	7:35.191
107	609	MELENDEZ RODRIGUEZ Iván		(49)	(88)	22:40.837	36:54.251	7:36.682
108	480	ARMADA DIAZ Jacobo		(32)	(109)	23:17.329	36:56.322	7:38.753
109	81	GARCIA PAZO Eduardo	BIKILA	(50)	(90)	22:45.033	37:00.799	7:43.230
110	599	ALVAREZ FIGUEROA Sabino	C.A.R. REDONDELA	(51)	(118)	23:42.245	37:02.074	7:44.505
111	594	FERNANDEZ DA SILVA Marcial	L@S INSENSAT@S	(52)	(122)	23:44.118	37:02.312	7:44.743
112	58	RODRIGUEZ LAGO Miguel	ATLETISMO UNIVERSIDADE DE VIGO	(33)	(111)	23:18.454	37:04.440	7:46.871
113	173	VILLAR ALVAREZ Enrique		(3)	(105)	23:13.978	37:12.892	7:55.323
114	423	CONDE MARTINEZ Borja	OPOMAIS	(34)	(119)	23:42.525	37:21.130	8:03.561
115	670	GARCIA LOSAS Alejandro		(35)	(115)	23:35.962	37:30.000	8:12.431
116	344	PEREIRO PEREIRO Miguel		(19)	(128)	23:51.575	37:32.392	8:14.823
117	511	ALFARO RODRIGUEZ Pedro		(36)	(124)	23:45.431	37:34.081	8:16.512
118	514	SABINO PORTO Alfonso		(20)	(125)	23:47.072	37:35.874	8:18.305
119	533	COSTA PAZO Artur	VIGOENTRENA	(37)	(136)	24:07.650	37:37.773	8:20.204
120	655	RODRIGUEZ FLORES Marco Antonio	CARROZAS	(38)	(107)	23:15.360	37:41.232	8:23.663
121	7	BARREIRO VALLS Pedro	MAISQUEAUGA	(39)	(130)	23:52.813	37:43.672	8:26.103
122	636	NIÑO MEDA Óliver Nahum		(53)	(158)	24:39.619	37:45.414	8:27.845
123	593	ANDONEGUI FREIRE Juan	FRUTAS NIEVES	(54)	(110)	23:17.775	37:48.692	8:31.123
124	340	CAMBRA DOMINGUEZ Alejandro		(55)	(106)	23:14.119	37:48.961	8:31.392
125	592	CUADRADO FARIÑA Carlos		(56)	(133)	24:02.657	37:51.322	8:33.753
126	43	DOMINGUEZ REVILLA Denis		(40)	(129)	23:52.556	37:53.074	8:35.505
127	220	MALLO MARCOS Alberto		(21)	(127)	23:50.658	37:58.492	8:40.923
128	486	SUAREZ OGANDO Adrián	MAISQUEAUGA	(41)	(132)	23:58.181	37:58.891	8:41.322
129	194	ALVAREZ VAZQUEZ Javier		(42)	(123)	23:44.283	38:01.535	8:43.966
130	560	VAZQUEZ OREJAS Javier Angel		(22)	(126)	23:49.627	38:04.614	8:47.045
131	218	ALONSO Javier		(23)	(120)	23:42.925	38:05.493	8:47.924
132	458	ALVAREZ GOMEZ Manuel		(57)	(155)	24:35.470	38:09.104	8:51.535
133	585	IGLESIAS DOMINGUEZ Francisco		(24)	(137)	24:13.112	38:13.182	8:55.613
134	493	DOMONTE PEREZ Victor	GMTA CHUVONERS	(43)	(117)	23:41.119	38:20.692	9:03.123
135	642	ROMERO ESTEVEZ Marcos		(58)	(140)	24:14.118	38:20.739	9:03.170
136	46	MOLINERO MALVIDO Rubén	CLUB DEPORTIVO DELIKIA	(59)	(135)	24:07.228	38:21.358	9:03.789
137	534	ROA MENDEZ Juan Jesús	G.E. GKN INDUGASA	(44)	(121)	23:43.016	38:24.977	9:07.408
138	312	DOMINGUEZ RODRIGUEZ Carlos		(3)	(146)	24:21.150	38:27.963	9:10.394
139	228	CAMPO RODRIGUEZ Iván		(60)	(142)	24:15.290	38:31.013	9:13.444
140	360	DAPENA TENORIO Jose Luis		(25)	(144)	24:18.805	38:34.083	9:16.514

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Clasificación General

Clit	Dor.	Apellidos y nombre	Club	(Clit)	(Clit)	Intermedio	Tiempo	Diferencia
141	553	ALONSO VALVERDE Antonio	ATLETISMO BAIONA	(4)	(145)	24:19.110	38:34.642	9:17.073
142	208	PEREZ PASCUAL Manuel	CSCR BEADE	(4)	(148)	24:24.572	38:35.235	9:17.666
143	410	IGLESIAS Armando		(26)	(131)	23:56.682	38:35.237	9:17.668
144	39	RODRIGUEZ COLLAZO Raúl	TRAIL COMO CABRAS	(61)	(138)	24:13.251	38:35.935	9:18.366
145	397	SANLUIS LAGO Victoriano	RUN&TRI	(62)	(141)	24:14.869	38:37.963	9:20.394
146	635	ROPERO BLANCO Borja		(63)	(151)	24:27.384	38:38.294	9:20.725
147	653	ALONSO ALVAREZ Angel Santiago		(45)	(149)	24:25.790	38:41.997	9:24.428
148	444	BEMPOSTA VARELA David		(46)	(134)	24:05.823	38:42.796	9:25.227
149	313	DOMINGUEZ VILLAVERDE Juan Carlos		(64)	(116)	23:37.135	38:44.853	9:27.284
150	432	GOMEZ LOPEZ Pablo	L@S INSENSAT@S	(65)	(157)	24:38.352	38:47.162	9:29.593
151	506	MARTINEZ GONZALEZ Alexandre		(47)	(154)	24:32.916	38:50.093	9:32.524
152	209	OLIVARES DA COSTA Juan José		(66)	(160)	24:47.260	38:55.995	9:38.426
153	375	HEREDIA David	BORGWARNER	(67)	(150)	24:26.634	38:56.723	9:39.154
154	627	MELEIRO ARAUJO Cesar	G.E. GKN INDUGASA	(68)	(156)	24:37.158	38:57.743	9:40.174
155	334	FONTAN GARRIDO David	MUÑECOS RUNNING	(69)	(161)	24:48.549	38:58.275	9:40.706
156	408	LORENZO CONDE Yago	BORGWARNER	(48)	(195)	25:25.228	38:59.335	9:41.766
157	509	AMOEDO AGULLA Carlos	G.E. GKN INDUGASA	(27)	(139)	24:13.839	39:10.324	9:52.755
158	576	DAVILA BUGARIN Salvador		(28)	(200)	25:31.792	39:10.998	9:53.429
159	323	LOPEZ FERNANDEZ Antonio Luis		(70)	(147)	24:23.142	39:12.235	9:54.666
160	280	SANCHEZ OTERO Oswaldo	TNT GHERRILLEIROS	(29)	(159)	24:44.214	39:13.233	9:55.664
161	252	RODILLA Iván		(71)	(166)	24:53.892	39:13.906	9:56.337
162	6	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	(5)	(143)	24:18.290	39:16.460	9:58.891
163	293	BAMIO GRAÑA Hipolito	RUNNING IMPRIMEREGALOS	(72)	(188)	25:16.298	39:16.583	9:59.014
164	474	VALLE CASTELO Juan		(30)	(209)	25:39.759	39:19.197	10:01.628
165	652	FERNANDEZ GUEDES David	LA COLONIA CROSSFIT	(49)	(181)	25:11.798	39:24.819	10:07.250
166	159	SIMOES FERNANDEZ José Luis	C.A.R. MARISQUEIRO	(6)	(168)	24:55.532	39:26.924	10:09.355
167	234	HANRAHAN Feidhlim John	CASTRO SMAXERS	(73)	(202)	25:32.520	39:27.624	10:10.055
168	184	CAMPOS ABALDE Antonio	CASTRELOS KM-0	(31)	(165)	24:53.118	39:27.796	10:10.227
169	45	GARALOCES FERNANDEZ Xabier	CLUB DEPORTIVO DELIKIA	(74)	(173)	25:03.571	39:28.786	10:11.217
170	66	GARCIA COSTAS Federico Amando	C.A.R. MARISQUEIRO	(5)	(186)	25:15.549	39:29.444	10:11.875
171	552	KARAMES Manuel	C.A.R. MARISQUEIRO	(6)	(167)	24:54.197	39:30.525	10:12.956
172	396	LOPEZ PINO Javier	RUN&TRI	(75)	(153)	24:31.790	39:33.624	10:16.055
173	612	ALONSO VAZQUEZ Pedro	CLUB DEPORTIVO PINARIUM	(76)	(182)	25:11.845	39:35.565	10:17.996
174	351	RODRIGUEZ Jose		(32)	(183)	25:12.056	39:35.944	10:18.375
175	174	VAZQUEZ RODRIGUEZ Anxo		(33)	(178)	25:10.350	39:40.876	10:23.307
176	454	SALO BENITO Javier		(77)	(152)	24:31.274	39:46.934	10:29.365
177	370	DOMINGUEZ GONZALEZ Daniel	MAISQUEAUGA	(50)	(171)	25:01.275	39:47.974	10:30.405
178	359	DOMINGUEZ GOMEZ Manuel		(78)	(193)	25:23.593	39:48.445	10:30.876
179	438	BLANCO DOMINGUEZ Boni	RUNMANIAK BOX 001	(34)	(194)	25:24.243	39:49.786	10:32.217
180	151	REBOREDA GRAÑA Amador	CD PINARIUM	(35)	(204)	25:34.580	39:50.288	10:32.719
181	436	CALVO SANCHEZ Jose Ramon		(51)	(169)	24:56.939	39:52.999	10:35.430
182	326	MALGA DIAZ Ernesto		(52)	(162)	24:50.095	39:54.638	10:37.069
183	352	RIVERA CANICOBA Alberto		(53)	(180)	25:11.282	39:55.135	10:37.566
184	195	VAZQUEZ FREIRE Iago		(54)	(175)	25:06.627	39:55.838	10:38.269
185	401	VILLAR PEREIRA Jose Gabriel		(55)	(177)	25:09.994	39:59.658	10:42.089
186	99	RIVAS ALONSO Adrián		(56)	(192)	25:23.376	40:01.661	10:44.092
187	529	ESTEVEZ BASTERO Víctor Manuel		(36)	(164)	24:51.525	40:03.778	10:46.209

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188	128	BARROSO GONZALEZ Antonio	C.A.R. MARISQUEIRO	(37)	(215)	25:43.931	40:05.358	10:47.789
189	420	FERNANDEZ FERNANDEZ Rafael		(79)	(179)	25:10.674	40:07.685	10:50.116
190	110	SANCHEZ RAMOS Josías		(38)	(187)	25:15.759	40:09.799	10:52.230
191	37	ANGUITA Federico	C.A. VETERANOS DE SAMIL	(57)	(170)	24:58.955	40:13.146	10:55.577
192	580	FERREIRA ANTAS Victor		(39)	(198)	25:31.251	40:13.865	10:56.296
193	275	VIDEIRA CORREA Alberto		(7)	(185)	25:15.174	40:14.837	10:57.268
194	638	LAGO CERQUEIRA Javier		(80)	(203)	25:33.876	40:15.979	10:58.410
195	605	VARA BLANCO Javier	BV TEAM	(81)	(251)	26:31.439	40:16.326	10:58.757
196	84	JUVIÑO PREGO Ángel		(82)	(189)	25:17.235	40:18.140	11:00.571
197	419	SUAREZ GARRIDO Moncho	CLUB DEPORTIVO DELIKIA	(40)	(199)	25:31.555	40:18.526	11:00.957
198	430	DE DIOS ROMERO Pablo		(58)	(213)	25:42.665	40:18.698	11:01.129
199	222	ARIAS TEJEDA Manuel		(59)	(174)	25:04.182	40:19.626	11:02.057
200	5	RODRIGUEZ FERNANDEZ Efrén	ALTAFIT VIGO	(83)	(163)	24:51.048	40:23.469	11:05.900
201	215	SANMARTIN GONZALEZ Victoriano	MAISQUEAUGA	(84)	(232)	26:05.353	40:24.198	11:06.629
202	331	DE PRADO VAZQUEZ Alvaro	ATLETISMO BAIONA	(41)	(216)	25:45.618	40:25.102	11:07.533
203	540	LEMONS BOUBETA Francisco		(85)	(172)	25:02.588	40:25.319	11:07.750
204	118	BARRIO FERNANDEZ David		(60)	(220)	25:53.357	40:26.326	11:08.757
205	598	MIRANDA CORTES Rolando		(86)	(225)	25:59.120	40:29.518	11:11.949
206	264	CASTIÑEIRA COUSILLAS Santiago		(87)	(221)	25:53.868	40:29.598	11:12.029
207	516	VIEIRA MONTENEGRO Eduardo		(7)	(230)	26:03.594	40:31.680	11:14.111
208	491	SANCHEZ-MATEOS PANIAGUA Manuel		(61)	(190)	25:18.174	40:32.882	11:15.313
209	461	COVELO LOPEZ Jose		(42)	(214)	25:43.252	40:33.567	11:15.998
210	260	MARTINEZ FERNANDEZ Francisco Alfonso	MAISQUEAUGA	(8)			40:33.941	11:16.372
211	294	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	(43)	(184)	25:14.681	40:35.197	11:17.628
212	72	FERNANDEZ CERZON Daniel	C.A. VETERANOS DE SAMIL	(62)	(197)	25:28.064	40:36.239	11:18.670
213	367	PEITEADO RUIZ Guillermo		(44)	(191)	25:22.955	40:36.640	11:19.071
214	205	LOPEZ REY Pino		(9)	(176)	25:07.158	40:37.619	11:20.050
215	198	GASPAR FERNANDEZ Roberto		(45)	(233)	26:07.909	40:44.198	11:26.629
216	186	OSORIO DIEGUEZ Pablo		(88)	(196)	25:26.564	40:45.958	11:28.389
217	384	BOA MOUCO Alberto		(89)	(229)	26:03.314	40:47.428	11:29.859
218	97	RODRIGUEZ ALONSO Sedu		(63)	(223)	25:56.212	40:50.621	11:33.052
219	316	ACUÑA LOPEZ Iago		(90)	(205)	25:34.908	40:50.998	11:33.429
220	442	ARZA TOUZON German	RAPIDODEPONTEQUIETO	(91)	(226)	25:59.705	40:50.999	11:33.430
221	527	CAMPELO GONZALEZ Antonio		(92)	(211)	25:42.244	40:52.659	11:35.090
222	515	VEGA GARCIA Antonio Manuel		(93)	(212)	25:42.479	40:54.201	11:36.632
223	28	REY GONZALEZ J.Roberto	C.A. VETERANOS DE SAMIL	(10)	(207)	25:36.174	40:55.947	11:38.378
224	4	ALONSO CONDE Javier	BTX RUNNING TEAM	(94)	(210)	25:41.627	40:57.122	11:39.553
225	450	GALLIDORO DEL MONTE José Humberto	CLUB DEPORTIVO DELIKIA	(8)	(218)	25:48.994	40:57.598	11:40.029
226	38	FIRVIDA COMESAÑA Anton	C.A. VETERANOS DE SAMIL	(46)	(244)	26:18.267	41:00.609	11:43.040
227	366	QUINTANS MELENDEZ Felix		(47)	(222)	25:54.338	41:01.338	11:43.769
228	411	IGLESIAS Ramsés	TRIATLÓN MAR DE VIGO	(6)	(217)	25:48.057	41:01.568	11:43.999
229	377	FERRO NUÑEZ Javier	ATHLETIS FISIOTERAPIA SAN LÁZAR	(48)	(208)	25:37.837	41:02.701	11:45.132
230	398	ALVAREZ ALVAREZ Víctor Manuel		(49)	(240)	26:15.759	41:06.238	11:48.669
231	640	VARA BLANCO Manuel		(95)	(252)	26:31.579	41:16.668	11:59.099
232	469	VELOSO ESPÍNEIRA Manuel	C.A. VETERANOS DE SAMIL	(50)	(237)	26:14.658	41:20.445	12:02.876
233	426	DOMINGUEZ SIMONS Jaime		(96)	(243)	26:17.307	41:21.029	12:03.460
234	685	FDEZ. Jaime	C.A.R. MARISQUEIRO	(51)	(246)	26:20.100	41:22.198	12:04.629

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235	566	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	(52)	(219)	25:49.954	41:23.678	12:06.109
236	437	ABRALDES CASTRO Miguel Ángel		(97)	(206)	25:35.639	41:23.749	12:06.180
237	285	LAGO Pablo		(53)	(235)	26:11.938	41:25.110	12:07.541
238	137	GUEDE OTERO Damián		(98)	(247)	26:20.845	41:26.578	12:09.009
239	688	CARRERA COSTAS Diego		(99)	(249)	26:27.783	41:26.980	12:09.411
240	414	QUINTANS MELENDEZ Giovanni		(54)	(256)	26:39.197	41:28.507	12:10.938
241	141	CACHEIRO DIEGUEZ Angel		(100)	(201)	25:32.400	41:38.820	12:21.251
242	558	ALONSO BASTOS Luis		(9)	(250)	26:30.830	41:41.008	12:23.439
243	665	RODRIGUEZ AMOEDO Iago		(64)	(273)	26:51.454	41:42.340	12:24.771
244	372	SOUTO LUSQUIÑOS Victor		(101)	(269)	26:47.143	41:45.049	12:27.480
245	356	MARTINEZ LOSADA Jaime Carlos	RUNNING LUSEKELO	(102)	(263)	26:43.298	41:50.743	12:33.174
246	675	OTERO RIVAS Pablo	PORCOS CELTAS	(65)	(227)	26:00.573	41:51.043	12:33.474
247	673	CORTIZO BOULLOSA Daniel	PORCOS CELTAS	(66)	(238)	26:15.243	41:51.248	12:33.679
248	572	BAQUERO LOPEZ Javier		(55)	(228)	26:02.517	41:52.080	12:34.511
249	684	ALONSO GONZALEZ Celso		(67)	(259)	26:41.869	41:52.653	12:35.084
250	226	HERNANDEZ BORREGO Miguel	MAISQUEAUGA	(11)	(257)	26:39.689	41:54.612	12:37.043
251	394	NIETO Enrique	NOSTROMO	(103)	(224)	25:57.033	41:54.658	12:37.089
252	475	FIDALGO IGLESIAS Manuel		(10)	(272)	26:49.720	41:58.449	12:40.880
253	557	LEDO MARTINEZ Santiago		(11)	(264)	26:43.767	41:59.948	12:42.379
254	409	OJEA FERNANDEZ Julio	CLUB ATLETISMO VIGO	(12)	(260)	26:42.339	42:03.260	12:45.691
255	131	GONZALEZ MARTINEZ Fernando		(56)	(291)	27:15.243	42:04.302	12:46.733
256	179	FERNANDEZ MARIÑO Oscar		(68)	(271)	26:48.055	42:05.263	12:47.694
257	470	CERVIÑO ALVAREZ Javier		(69)	(231)	26:05.141	42:05.989	12:48.420
258	545	GONZALEZ ABRIL Román		(104)	(276)	26:55.697	42:08.758	12:51.189
259	94	LORENZO COMESAÑA Juan Manuel		(57)	(270)	26:47.822	42:09.660	12:52.091
260	48	BEIRO MARTINEZ Carlos		(70)	(236)	26:14.095	42:10.070	12:52.501
261	608	FERRARA Mauro Emiliano		(105)	(234)	26:10.884	42:12.163	12:54.594
262	362	CABALEIRO HERNANDEZ Jesus		(12)	(262)	26:42.994	42:14.619	12:57.050
263	295	OJEA RODRIGUEZ Gonzalo	FRUTAS NIEVES	(58)	(285)	27:12.408	42:16.840	12:59.271
264	271	FERNANDEZ TRONCOSO Antonio		(106)	(239)	26:15.548	42:17.923	13:00.354
265	297	FERNANDEZ MAROTO Diego	TRIATLÓN MAR DE VIGO	(107)	(277)	26:57.009	42:19.259	13:01.690
266	138	ALONSO COSTAS Oscar		(59)	(242)	26:17.072	42:20.078	13:02.509
267	321	GUERRA LOPEZ Eduardo		(108)	(248)	26:25.486	42:20.703	13:03.134
268	614	Fermoso Domínguez Tomás	FRUTAS NIEVES	(109)	(254)	26:36.737	42:26.516	13:08.947
269	633	PEREIRA NORONHA Ismael Alejandro		(110)	(245)	26:19.532	42:26.640	13:09.071
270	243	PEREZ LOSADA Mario	C.A. VETERANOS DE SAMIL	(60)	(281)	27:03.829	42:27.259	13:09.690
271	114	PADIN COUSIDO José Luis	CACAMBADOS-NOVAL	(13)	(267)	26:46.558	42:27.530	13:09.961
272	453	CUÑARRO ROMERO Enrique		(111)	(294)	27:17.448	42:31.521	13:13.952
273	565	BENAVIDES ALVAREZ Fernando	ATHLETIS FISIOTERAPIA SAN LAZA	(61)	(241)	26:16.909	42:32.901	13:15.332
274	632	LOPEZ LOPEZ David		(112)	(275)	26:53.188	42:33.683	13:16.114
275	619	POUSA PORTO Fernando	LASER GALICIA RANING	(113)	(301)	27:33.102	42:42.248	13:24.679
276	248	MARTINEZ GOMEZ Pakinho	GALLAECIA JASTANDOSPATILLA	(62)	(266)	26:46.322	42:43.089	13:25.520
277	421	GUAMA MENA Patricio	PADELEROS	(63)	(265)	26:44.728	42:45.429	13:27.860
278	620	WILLIAM LAWLER John		(114)	(253)	26:32.353	42:48.310	13:30.741
279	388	MARTIN PALLES Marco Alexio		(115)	(334)	28:47.469	42:49.341	13:31.772
280	9	GODA Sebas	C.C.RIA DE VIGO	(13)	(278)	26:58.555	42:51.491	13:33.922
281	544	GARCIA DE LA CRUZ Roberto	MAISQUEAUGA	(116)	(284)	27:09.244	42:53.389	13:35.820

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282	371	ROCA RODRIGUEZ Ramon		(14)	(287)	27:13.322	42:55.622	13:38.053
283	320	RODRIGUEZ RODRIGUEZ Adolfo		(117)	(261)	26:42.972	42:57.450	13:39.881
284	551	PEREZ FREIRIA Jose Ramón	ATLETISMO TUI	(14)	(280)	27:02.117	42:58.243	13:40.674
285	428	LARA PEREZ José Gabino		(64)	(283)	27:06.245	42:58.382	13:40.813
286	238	CACERES MUÑIZ Alejandro		(7)	(315)	28:06.196	43:02.041	13:44.472
287	192	RODRIGUEZ RODRIGUEZ Yago	C.A. VETERANOS DE SAMIL	(71)	(290)	27:15.149	43:05.491	13:47.922
288	160	PALOMEQUE TORRAS José Maria		(72)	(293)	27:16.368	43:07.249	13:49.680
289	668	CRESPO GLEZ Jacinto	PORCOS CELTAS	(73)	(255)	26:38.494	43:08.730	13:51.161
290	548	DOMINGUEZ GROBA Javier		(118)	(258)	26:40.907	43:08.804	13:51.235
291	302	SEOANE GIL Adrian		(119)	(292)	27:15.618	43:09.590	13:52.021
292	535	PIÑEIRO RODRIGUEZ Francisco	G.E. GKN INDUGASA	(74)	(274)	26:52.299	43:14.941	13:57.372
293	236	CACERES MEJUTO Rafael		(65)	(314)	28:05.940	43:15.320	13:57.751
294	223	MARTINEZ Iago	VIGOENTRENA	(75)	(295)	27:19.274	43:18.109	14:00.540
295	497	SOUTO Lorenzo		(120)	(297)	27:22.673	43:19.071	14:01.502
296	583	FROIZ FONTENLA Juan Carlos	OS CORREDORES DO INFERNO	(66)	(304)	27:35.283	43:26.760	14:09.191
297	468	LOPEZ FERNANDEZ Hugo		(76)	(268)	26:46.883	43:31.882	14:14.313
298	562	MOLARES RIVAS Bernardo		(67)	(328)	28:38.704	43:35.703	14:18.134
299	144	PARDAVILA IGLESIAS Miguel		(68)	(286)	27:12.455	43:36.823	14:19.254
300	602	COELHO DA COSTA Samuel		(121)	(279)	26:59.494	43:37.041	14:19.472
301	405	CHARLIN MILLAN Carlos	OS CORREDORES DO INFERNO	(77)	(289)	27:14.751	43:40.111	14:22.542
302	416	NIETO Alessandro	BORGWARNER	(78)	(288)	27:13.487	43:40.164	14:22.595
303	431	RODRIGUEZ Cesar		(122)	(282)	27:04.696	43:48.371	14:30.802
304	86	VILLAR ALVAREZ Alberto		(123)	(305)	27:39.572	43:49.470	14:31.901
305	379	MARTINEZ MEIS Felix		(69)	(300)	27:32.447	43:54.167	14:36.598
306	547	PRIETO MIRANDA Jose Luis		(124)	(296)	27:20.682	43:55.351	14:37.782
307	309	GARCIA CASTRO Xurxo		(79)	(363)	30:32.142	44:01.110	14:43.541
308	496	COUSO Alberto	CD MIRADOIRO	(125)	(326)	28:38.283	44:01.420	14:43.851
309	237	CACERES MUÑIZ Jorge		(8)	(327)	28:38.610	44:01.421	14:43.852
310	327	MARTIN BORRAJO Samuel		(126)	(299)	27:26.751	44:04.834	14:47.265
311	153	RODRIGUEZ ARAUJO Cristian		(80)	(298)	27:25.673	44:06.384	14:48.815
312	330	MALVAR CURTO Javier	CASTRELOS 20:30	(15)	(308)	27:44.963	44:06.726	14:49.157
313	142	JANDRA GONZALEZ Jesus		(70)	(303)	27:33.735	44:09.435	14:51.866
314	54	NUÑEZ PARADA Sergio		(81)	(302)	27:33.274	44:17.321	14:59.752
315	63	VELILLA CASTRO Jesus Antonio	C.A. VETERANOS DE SAMIL	(15)	(313)	28:04.205	44:26.405	15:08.836
316	482	CHARVIN Jean Paul Claude		(16)	(311)	27:58.978	44:29.183	15:11.614
317	227	ALADRO FERNANDEZ Juan Carlos		(16)	(320)	28:24.831	44:30.753	15:13.184
318	629	CARRERA RAFAEL Jaime		(127)	(319)	28:24.807	44:30.826	15:13.257
319	596	VAZQUEZ DELGADO Carlos		(128)	(332)	28:46.415	44:32.351	15:14.782
320	60	DE LA CRUZ DE LA ROSA Antonio	C.A. VETERANOS DE SAMIL	(71)	(312)	28:02.635	44:33.071	15:15.502
321	390	SOTELO LORENZO Daniel		(82)	(306)	27:41.658	44:33.482	15:15.913
322	485	LOPEZ ALVAREZ José Luis	ATLETISMO BAIONA	(129)	(317)	28:10.837	44:35.311	15:17.742
323	124	GONZALEZ GARCIA Luis		(72)	(318)	28:16.790	44:39.524	15:21.955
324	517	ESCUADERO Manu	RUNNING MIRALBA	(130)	(316)	28:09.760	44:40.824	15:23.255
325	64	VALEIJE ALVAREZ Eduardo	C.A. VETERANOS DE SAMIL	(73)	(335)	28:49.677	44:51.663	15:34.094
326	32	RELO FERNANDEZ Pablo	C.A. VETERANOS DE SAMIL	(131)	(309)	27:46.814	45:03.164	15:45.595
327	30	CARPINTERO DOMINGUEZ Julio	C.A. VETERANOS DE SAMIL	(74)	(325)	28:37.509	45:03.552	15:45.983
328	651	MIGUEZ SAN ISIDRO Benigno	KELTIC VIGO	(83)	(307)	27:42.267	45:03.822	15:46.253

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329	120	COSUIÑO SENDIN José Manuel	CASTRELOSKM-0	(75)	(329)	28:43.532	45:05.093	15:47.524
330	582	ALONSO PARADA Jose Manuel	CASTRELOS KM-0	(76)	(331)	28:44.307	45:06.105	15:48.536
331	117	REY PAMPIN Javier		(132)	(330)	28:43.534	45:07.272	15:49.703
332	380	CASTEJON OTERO Jaime		(77)	(336)	28:50.119	45:07.885	15:50.316
333	247	BOLAS CABALEIRO Xose Manuel	GALLAECIA JASTANDOSAPATILLA	(17)	(310)	27:54.619	45:25.783	16:08.214
334	456	RODRIGUEZ PLANA Alejandro		(133)	(323)	28:35.165	45:30.073	16:12.504
335	335	BECEIRO CAMESELLE Dani	MUÑECOS RUNNING	(84)	(341)	29:07.533	45:36.824	16:19.255
336	578	PASCUAL BALLESTER David		(78)	(340)	29:00.079	45:39.764	16:22.195
337	95	PEREZ COUÑAGO Sergio		(85)	(324)	28:36.783	45:41.064	16:23.495
338	621	ROA MENDEZ Moises		(134)	(321)	28:32.610	45:41.785	16:24.216
339	210	CORES FIGUEIREDO Ángel		(79)	(338)	28:56.354	45:49.966	16:32.397
340	507	LASO AMEZ Iban		(135)	(322)	28:33.853	45:54.053	16:36.484
341	41	DIAZ BARBARA Santiago	C.A. VETERANOS DE SAMIL	(86)	(339)	28:59.000	45:59.782	16:42.213
342	253	COSTAS COSTAS Angel		(136)	(381)	31:25.325	46:00.378	16:42.809
343	350	HERNANDEZ GRAÑA Juan Carlos		(137)	(333)	28:47.037	46:05.003	16:47.434
344	163	SANZ VELAO Juan Pedro		(80)	(361)	30:15.877	46:09.186	16:51.617
345	611	CAMEAN GUIMIL Juan Manuel		(138)	(376)	31:09.080	46:10.814	16:53.245
346	518	CRESPO FERNANDEZ Eduardo	MIRALBA RUNNING	(87)	(342)	29:08.212	46:15.867	16:58.298
347	127	COUSO FONTANILLO Carlos		(88)	(359)	30:13.346	46:22.573	17:05.004
348	476	VARELA RUA Javier		(139)	(337)	28:52.722	46:28.673	17:11.104
349	333	AVENDAÑO LORENZO Francisco		(17)	(349)	29:41.518	46:36.069	17:18.500
350	677	GONZALEZ MARQUEZ Alex		(89)	(343)	29:15.313	46:46.674	17:29.105
351	645	SANJUAS LOPEZ Alexis		(90)	(379)	31:22.604	46:52.336	17:34.767
352	78	RICHARTE CARBALLO Daniel	MAISQUEAUGA	(91)	(380)	31:23.191	46:54.064	17:36.495
353	567	LAMAS PEREZ Jose Eduardo		(81)	(346)	29:25.861	47:13.306	17:55.737
354	319	SAURA ALVAREZ Pablo		(92)	(354)	29:54.876	47:14.275	17:56.706
355	19	RODRIGUEZ DOMINGUEZ Hugo		(93)	(344)	29:20.447	47:17.697	18:00.128
356	404	MARTINEZ Benjamín		(140)	(351)	29:44.986	47:39.718	18:22.149
357	418	ALDARIZ ESTEVEZ Pedro		(94)	(348)	29:40.862	47:41.847	18:24.278
358	373	GARCIA FOCIÑOS Carlos		(95)	(352)	29:50.212	47:45.097	18:27.528
359	204	GONDAR MENDEZ Adrian		(96)	(347)	29:38.633	47:45.335	18:27.766
360	581	POUSA LUCIO Xoán Manuel	NINGUNO	(82)	(345)	29:24.079	47:45.869	18:28.300
361	424	PEREZ MONROY Jesus	FRUTAS NIEVES	(83)	(350)	29:44.142	47:48.547	18:30.978
362	525	GIL PORTEIRO David	700	(84)	(365)	30:40.204	47:52.019	18:34.450
363	368	GAGGIOLO Guillermo Ernesto	MAISQUEAUGA	(85)	(358)	30:12.198	47:55.650	18:38.081
364	11	REIGADA QUINTELA Fernando	CHUZAS OLIMPICOS	(86)	(362)	30:20.565	47:58.336	18:40.767
365	229	ALVAREZ PORTABALES Antonio		(18)	(357)	30:11.752	47:59.456	18:41.887
366	200	DE CASTRO PARGA Gonzalo	SIRENO TRIATLÓN	(87)	(370)	30:48.338	48:00.676	18:43.107
367	357	VILLANUEVA GOICOECHEA Pablo		(141)	(369)	30:47.636	48:00.747	18:43.178
368	230	SEIJO SOUTO Julio		(88)	(360)	30:14.822	48:02.048	18:44.479
369	267	ESTEVEZ CERNADAS Ricardo		(18)	(355)	29:57.666	48:07.117	18:49.548
370	573	OTERO RAMIREZ José Antonio		(89)	(371)	30:51.479	48:19.947	19:02.378
371	626	CAMEAN GUIMIL Santiago		(142)	(353)	29:51.666	48:38.116	19:20.547
372	259	LEDO MARTINEZ Daniel		(143)	(356)	29:58.767	48:40.647	19:23.078
373	406	MARTINEZ GAGO Pablo		(97)	(373)	31:04.581	49:04.492	19:46.923
374	555	BURLIDO BORREGO José Isaías		(19)	(378)	31:16.089	49:18.338	20:00.769
375	123	VAZQUEZ CARBALLIDO David		(98)	(372)	30:52.604	49:19.918	20:02.349

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Clit	Dor.	Apellidos y nombre	Club	(Clit)	(Clit)	Intermedio	Tiempo	Diferencia
376	564	GARRIDO INSUA Ricardo		(90)	(375)	31:07.581	49:31.839	20:14.270
377	212	VIÑAS FERNANDEZ Diego		(99)	(366)	30:40.605	49:32.610	20:15.041
378	272	OTERO CASTELLANO Jose Carlos		(144)	(374)	31:05.870	49:39.530	20:21.961
379	591	CABRINETTY GARCIA Alfredo		(145)	(387)	31:51.197	49:41.089	20:23.520
380	354	ALONSO GARCIA Jorge		(146)	(364)	30:33.173	49:44.899	20:27.330
381	143	PEREZ BRANDON Iván		(100)	(382)	31:26.659	49:51.029	20:33.460
382	290	ANDRADE PEREIRA Rui		(147)	(390)	31:59.190	49:51.936	20:34.367
383	289	OUTON GLEZ Fran		(148)	(389)	31:57.853	49:52.018	20:34.449
384	231	CASTIÑEIRAS NARCISO Kevin		(101)	(377)	31:13.861	49:57.631	20:40.062
385	664	DIAZ CID Javier	LIMIACTIVA	(102)	(367)	30:44.424	50:00.551	20:42.982
386	337	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	(19)	(383)	31:27.737	50:02.599	20:45.030
387	349	FERNANDEZ PEREZ Jose		(103)	(368)	30:47.494	50:16.091	20:58.522
388	563	CAMBON ARCEO Xosé Manuel		(91)	(386)	31:47.869	50:34.620	21:17.051
389	559	COSTAS COSTAS Rafael		(92)	(388)	31:53.565	50:38.374	21:20.805
390	73	DE LA FUENTE SANTOS Coke		(93)	(396)	32:22.886	50:53.544	21:35.975
391	574	RODRIGUEZ PENA Jorge	C.A.R. MARISQUEIRO	(94)	(384)	31:28.650	51:05.661	21:48.092
392	531	TOLEDO MONTES Pablo	CHUZAS OLIMPICOS	(95)	(393)	32:12.315	51:12.951	21:55.382
393	265	RODRIGUEZ CID Fernando	CIBUS	(149)	(385)	31:45.854	51:16.594	21:59.025
394	676	SANMIGUEL MENDEZ Ramón	LA COLONIA CROSSFIT	(104)	(398)	32:25.394	51:19.935	22:02.366
395	233	RODRIGUEZ OLLEROS Roberto		(96)	(400)	32:41.824	51:21.794	22:04.225
396	643	FERNANDEZ GUEDELLA Jose Manuel	FITGAL	(105)	(395)	32:19.861	51:25.982	22:08.413
397	369	GAGGIOLO JOISEN Santiago José	MAISQUEAUGA	(9)	(399)	32:39.738	51:52.137	22:34.568
398	171	CALLES RODRIGUEZ Emilio		(97)	(401)	33:10.441	52:14.433	22:56.864
399	18	FEIJOO SUAREZ Marcos	CHUZAS OLIMPICOS	(150)	(397)	32:25.161	52:22.096	23:04.527
400	216	ALONSO MISA Evaristo		(151)	(392)	32:05.754	52:28.335	23:10.766
401	672	DIAZ FRANCO Daniel		(106)	(391)	32:04.510	52:38.644	23:21.075
402	341	RODRIGUEZ IGLESIAS Luis Manuel		(152)	(394)	32:12.667	52:44.698	23:27.129
403	203	DIEGO RABAZAS Kike	G.E. GKN INDUGASA	(153)	(403)	33:47.964	53:44.318	24:26.749
404	402	COLLAZO BARRERAS Germán		(20)	(407)	34:38.495	54:01.881	24:44.312
405	445	FERNANDEZ BOUZADA Alfonso		(21)	(405)	34:11.661	54:10.519	24:52.950
406	597	GRAZIANI Rodrigo		(154)	(406)	34:28.325	54:14.569	24:57.000
407	213	SOTO AMIL José Florencio	XISTRA	(22)	(404)	34:11.590	54:17.229	24:59.660
408	391	GARCIA LEGIDO David		(98)	(410)	35:02.685	55:05.403	25:47.834
409	502	FERNANDEZ FERREIRO Cosme		(10)	(402)	33:46.863	55:35.884	26:18.315
410	314	ZUNZUNEGUI QUEIMADELOS Roman		(20)	(409)	34:47.006	55:43.346	26:25.777
410	303	VAZQUEZ FERRO German		(99)	(408)	34:44.027	55:43.346	26:25.777
412	56	LOPEZ CARBALLO Alex		(100)	(413)	36:28.536	56:03.112	26:45.543
413	601	MATA MONGE Orlando		(107)			56:40.071	27:22.502
414	523	PAINCEIRA MACIÑEIRAS Jorge		(21)	(412)	35:50.215	56:42.634	27:25.065
415	443	P FERNANDEZ Luis	MAISQUEAUGA	(101)	(416)	37:42.903	57:47.448	28:29.879
416	510	FERNANDEZ PINTOS Ramiro		(102)	(411)	35:17.731	58:22.376	29:04.807
417	554	BARROS Juan		(22)	(415)	36:40.607	59:04.288	29:46.719
418	520	BERMUDEZ BILBAO Antonio	ATHLETIS FISIOTERAPIA SAN LÁZA	(23)	(417)	37:57.317	59:26.230	30:08.661
419	115	BERNAL GOMEZ Jesús		(24)	(418)	39:04.724	1h00:09.629	30:52.060
420	158	LUIS MONTENEGRO Alfredo		(155)	(414)	36:36.270	1h00:27.193	31:09.624
421	549	MOJON IGLESIAS Pablo		(103)	(420)	39:06.798	1h01:28.931	32:11.362
422	434	CONDE SABUCEDO Antón		(25)	(419)	39:05.474	1h01:28.932	32:11.363

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Clit	Dor.	Apellidos y nombre	Club	(Clit)	(Clit)	Intermedio	Tiempo	Diferencia
423	345	GONZALEZ LOPEZ Lucas		(11)	(423)	42:11.498	1h06:16.046	36:58.477
424	249	GONZALEZ RODRIGUEZ Manuel	ADN RUNNERS	(104)	(422)	42:11.429	1h06:18.374	37:00.805
425	550	FDEZ, IGLESIAS Virgilio Ramón	BIKILA	(26)	(421)	40:37.444	1h06:45.224	37:27.655
426	241	GOMEZ ARAUJO Angel	C.A. VETERANOS DE SAMIL	(27)	(427)	45:12.976	1h07:22.125	38:04.556
427	16	GANDARA BOUZA Alejandro	CASTRELOS 20:30	(105)	(426)	42:59.312	1h07:32.227	38:14.658
428	556	MORANDINI Emmanuel		(23)	(425)	42:46.466	1h08:26.659	39:09.090
429	522	PORTEIRO FERNANDEZ César		(28)	(424)	42:32.943	1h08:28.899	39:11.330

Ausentes

23	GARCIA DE LA IGLESIA Alberto	C.A. VETERANOS DE SAMIL
24	BENAVENTE GOMEZ Felix Manuel	C.A. VETERANOS DE SAMIL
29	RAMOS VIGO Sergio	C.A. VETERANOS DE SAMIL
31	GIL GONZALEZ Miguel Ángel	C.A. VETERANOS DE SAMIL
34	DURAN ALVAREZ Hugo	C.A. VETERANOS DE SAMIL
44	SANCHEZ GESTIDO Ceferino	C.A. VETERANOS DE SAMIL
47	JUNCAL VALERO Eduardo	
49	GOMEZ ESTEVEZ Yoel	CIBUS TEAM
53	DEL MORAL BERMUDO José Manuel	
62	PONTE VELAYOS Fernando	
65	COMESAÑA PEDRIDO Modesto	C.A. VETERANOS DE SAMIL
68	ALONSO PEREZ Francisco Xabier	C.A. VETERANOS DE SAMIL
79	LEGARRA CALDERON Juan José	
82	RODRIGUEZ GOMEZ Antolin	C.A. VETERANOS DE SAMIL
85	DOMINGUEZ SEQUEIROS Óscar	
89	PRADO NIETO Angel	C.A. VETERANOS DE SAMIL
90	OTERO RODRIGUEZ Jose Ramon	C.A. VETERANOS DE SAMIL
91	OTERO REAL Marcos	C.A. VETERANOS DE SAMIL
92	BARBOSA Pedro	
93	CATALINA RUBIANES Angel	
100	LEDE Humberto	
102	COMESAÑA BOUBETA Modesto	
103	RODRIGUEZ RODRIGUEZ Antonio	
104	MIGUEL NOVO Susana	
107	RODRIGUEZ MIGUEL Rubén	
108	RODRIGUEZ MIGUEL Antonio	
125	RADA SOTO Yago	
133	SANMARCO VIDAL Manuel	CASTRELOS KM-0
154	ARGUDIN DIEGUEZ Luis Carlos	
157	SANABRIA PAREDES Simón	
164	SANTOS OLAVARRIETA Benito	CASTRELOS KM-0
189	IBAÑEZ DA SILVA Manuel	C.A. VETERANOS DE SAMIL
190	CAMEAN LAMPON Juan	C.A. VETERANOS DE SAMIL
191	RODRIGUEZ GOMEZ Julio	C.A. VETERANOS DE SAMIL
202	GARCIA OTERO Diego	G.E. GKN INDUGASA
207	MARTINEZ CASTRO Roberto	CD PINARIUM
221	BARREIRO Hugo	BORGWARNER
235	GARCIA DA COSTA David	

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Clit	Dor.	Apellidos y nombre	Club	(Clit)	(Clit)	Intermedio	Tiempo	Diferencia
239		GARCIA DACOSTA Eduardo						
242		LOSADA SEARA Jose Luis	C.A. VETERANOS DE SAMIL					
244		CHUECOS Jose						
251		DE LA OSA VELAZQUEZ Pedro Pablo						
255		LAGO LLOVES Pedro						
258		DE O. PIRES JUNIOR Eleomar	GINÁSIO CLUB BRAGANÇA					
268		VILLAR SALGADO Jose Francisco						
278		GARCIA QUEROL Pablo	CLUB DEPORTIVO DELIKIA					
286		GARCIA PROL Jose						
308		DEL RIO SEGADE Yago						
315		RODRIGUEZ COLLAZO Jacobo						
328		FABELLO CID Eliseo	ATLETISMOARENTEIRO					
332		AVENDAÑO MARTINEZ Martín						
339		CAMBRA DOMINGUEZ Jose Antonio						
343		RODRIGUEZ ALVAREZ Jose Antonio	C.A.R. MARISQUEIRO					
363		LAGO PIÑEIRO Isaac Angel						
381		ACUÑA LOPEZ Diego						
382		PEREZ DAVILA Alejandro						
399		FERNANDEZ CRUZ Miguel	ATLETISMO PORRIÑO					
417		PRADO ALVAREZ Gonzalo						
433		VAZQUEZ PINTOS Isaac						
435		IGLESIAS DORDA Antonio						
457		ORTEGA MARTINEZ Isaac						
463		NUÑEZ OTERO Eric Adrián						
465		BARCA CRISMAN Manuel						
479		GARCIA MALLO Xosé Ramon						
483		ESTEVEZ JUEGUEN Roi						
524		AMOEDO COUÑAGO Miguel Ángel	COMESAÑA SPORTING CLUB					
575		AMOEDO GIMENEZ Anton	C.A.R. REDONDELA					
584		FROIZ LAREU Andres	TNT GHERRILLEIROS					
590		ZUNZUNEGUI GARRIDO Noé	AVA					
603		GARRIDO LORENZO Felipe						
607		GARRIDO LORENZO Manuel						
622		ARANGO GAYAR Saúl	FRUTAS NIEVES					
625		TRILLO PEREIRA Isaac						
634		REBOIRAS RUA Francisco						
647		ROUCO VELASCO Alberto						
679		BLANCO MARTINEZ Diego	CLUB DEPORTIVO DELIKIA					
683		BOIX CLIMENT Vicente	FRUTAS NIEVES					

Abandonos

681		RODRIGUEZ ALVAREZ Diego	CLUB DEPORTIVO DELIKIA					
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Descalificados

266		ALONSO INSUA Alberto	ALEJANDRO GOMEZ					
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